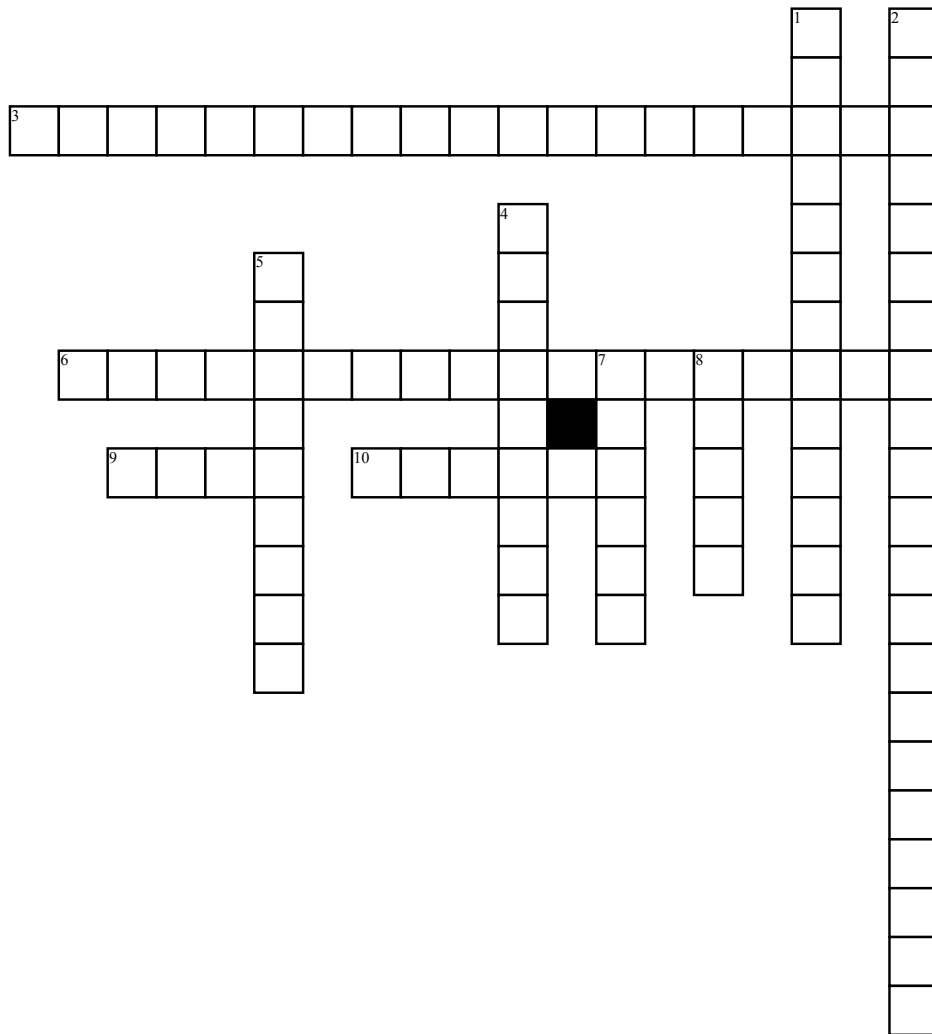


Name: _____

Date: _____

Understanding the Skeleton, Bones, Joints and Muscles



Across

3. The joint which allows for a lot of movement. It forms a round structure

6. Muscles which are found between your ribs which help facilitate breathing

9. A hinge joint between your upper and lower leg

10. The muscle which contracts when you bring your forearm up

Down

1. The fluid that spreads out over the surfaces of the cartilage in a joint

2. The system in your body made from bones and muscles

4. Tough fibres which hold bones together and prevent them from moving apart

5. The backbone that protects the spinal cord

7. A bundle of soft and fibrous tissue which makes up 40-45% of your body mass

8. Several bones fused together to form a strong case around the brain

Word Bank

Ball and socket joints

Synovial Fluid

Biceps

Skull

Musculoskeletal system

Ligaments

Vertebrae

Muscle

Intercostal muscles

Knee