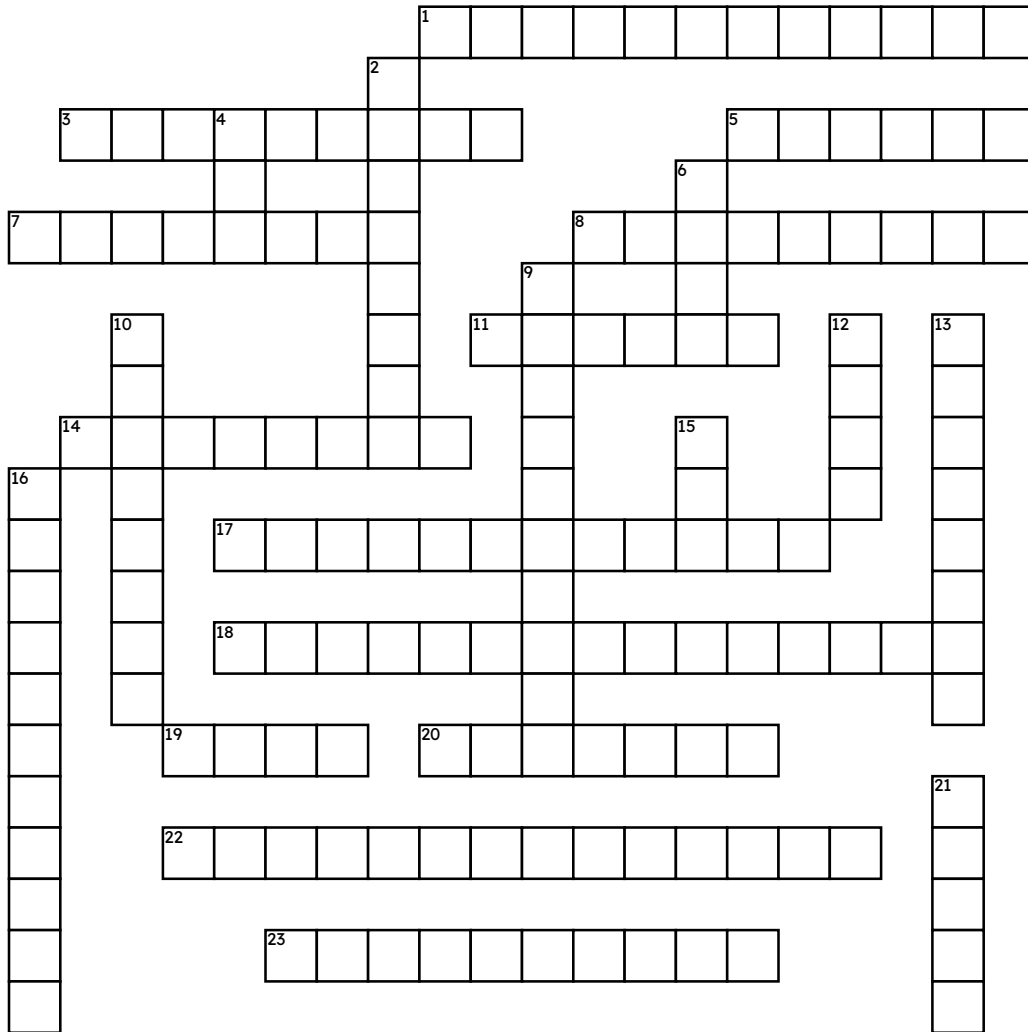


Ultimate Frisbee



Across

1. When the defensive player catches the Frisbee that was thrown by an offensive player.
3. This is the best type and accurate of pass.
5. When you catch the frisbee with your fingers
7. When throwing a backhand, you step with this foot.
8. When throwing a hammer throw, your fingers should be in this shape.
11. This throw is used when trying to throw the disc a long distance.
14. This throw has the players fingers curled under the Frisbee with the thumb on top.
17. When you catch the frisbee with your palms.

18. Has no referees, games are self-officiated, so players have to make their own calls. Places the responsibility for fair play on the player and sportsmanship.
19. A long throw that signifies the start the game and must be done after each scoring play.
20. You need to catch the disc with both feet in this area to score.
22. You should use this stance when playing defense.
23. The defensive player counts up to ten, if the disc is not released before the count reaches ten, it results in a turnover

Down

2. This is the best defense to use while playing Ultimate

4. If you do not have the frisbee, you are allowed to do this.
6. Players need to do this to pass the frisbee
9. Ultimate Frisbee was created in this city.
10. You pass this to score.
12. This occurs if you bump or knock over another player.
13. When the disc touches the ground.
15. Players need to do this to get open.
16. When throwing a hammer throw you step with this foot.
21. You can only move like this when you have the frisbee.

Word Bank

Pull	Man to Man	End Zone	Turnover	Interception
Fake	Cut	Mapplewood	Pivot	Athletic Stance
C-Catch	Dominant	Hammer	Stall Count	Short Pass
Backhand	Goal Line	Run	Pancake Catch	Peace Sign
Non-Dominant	Spirit of the Game	Foul		