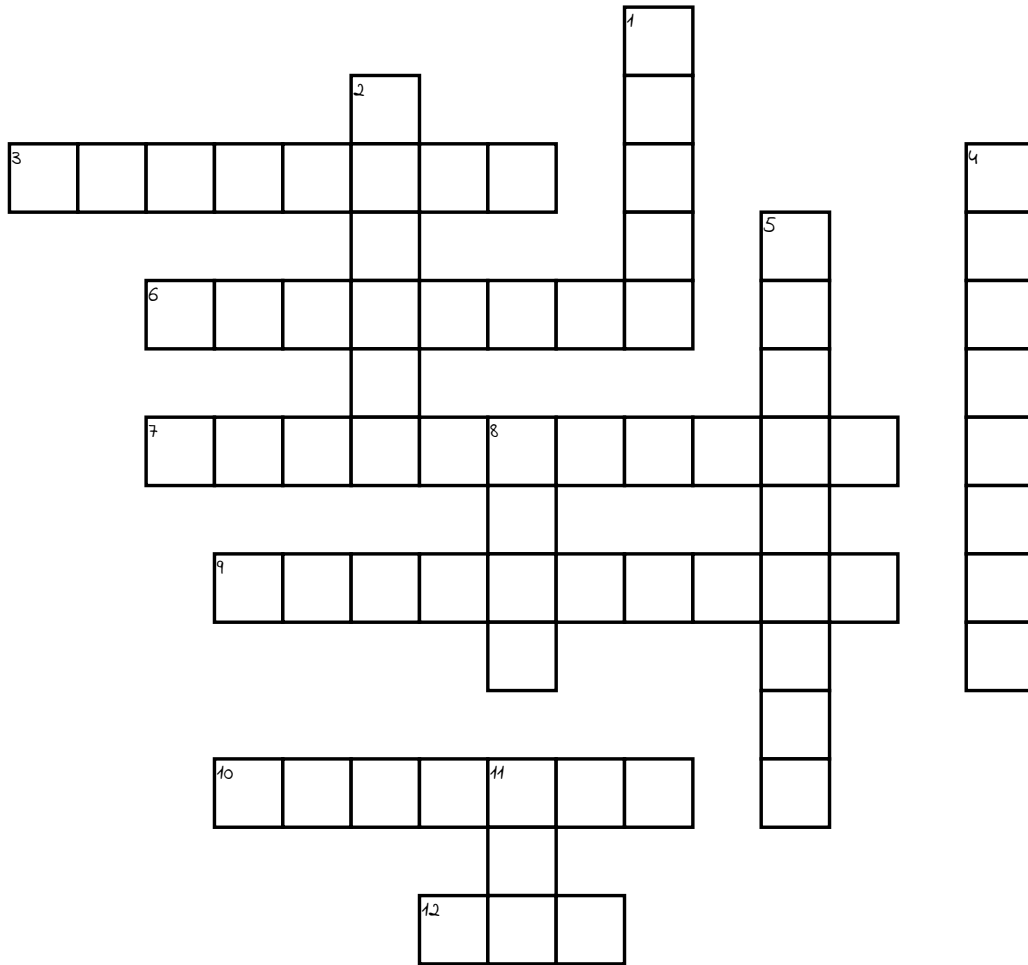


Ultimate Frisbee



Across

3. what is the type of throw called where the back of your hand is going towards where your throwing?
6. who do you have to make sure to pass the frisbee to on the field?
7. what should you do if it's windy outside?
9. How far away from you does the person blocking you have to be?

10. what is the area called where you have to get the frisbee to score a point?
12. How many seconds can you hold the frisbee before you have to throw it?

Down

1. How many steps can you take with the frisbee?
2. what is the type of throw called where the frisbee is sideways when you throw it?

4. what is the throw type called where the front of your hand is going towards where your throwing?
5. After a point is made who starts with the frisbee?
8. what is the throw called that you do at the begging of each game?
11. How many points is getting the frisbee into the endzone worth?

Word Bank

hammer	three	pull	forehand
short passes	one	arms length	ten
backhand	endzone	other team	teammate