

Triggers

M T R A U M A Z K S V S I A Q P G
T V F E H N X W N I J O C B A A N
B H V K L D V O L O H T W G P O G
N H Q T P A I N J S S J S O I K U
O Y I Z E T T I X M D I A S R E G
I N C R A K C I C Y V O E M A Q I
T P K C O W E O O F G S O Y N D N
A E O O J C K Q R N W Q C F N T Q
L L P H R A S E S J S A T O I L H
O I X F W G U F C O M H P B V I S
S E R O B Z U R V I Y N I H E U T
I R M X H S O G T V C P I P R G R
R Y M B J W G N V W R A S T S J E
S V O H D O I U Y T Q F Z U A A S
L J N S D E X S R Y E M S A R M S
W Y E K B D C T Y D P D U K Y P L
H I Y S E V I O L E N C E X T Z B

Relationships	Anniversary	Locations	Isolation
Intimacy	Violence	Phrases	Stress
Noises	Crowds	Trauma	Money
Guilt	Drugs	Foods	