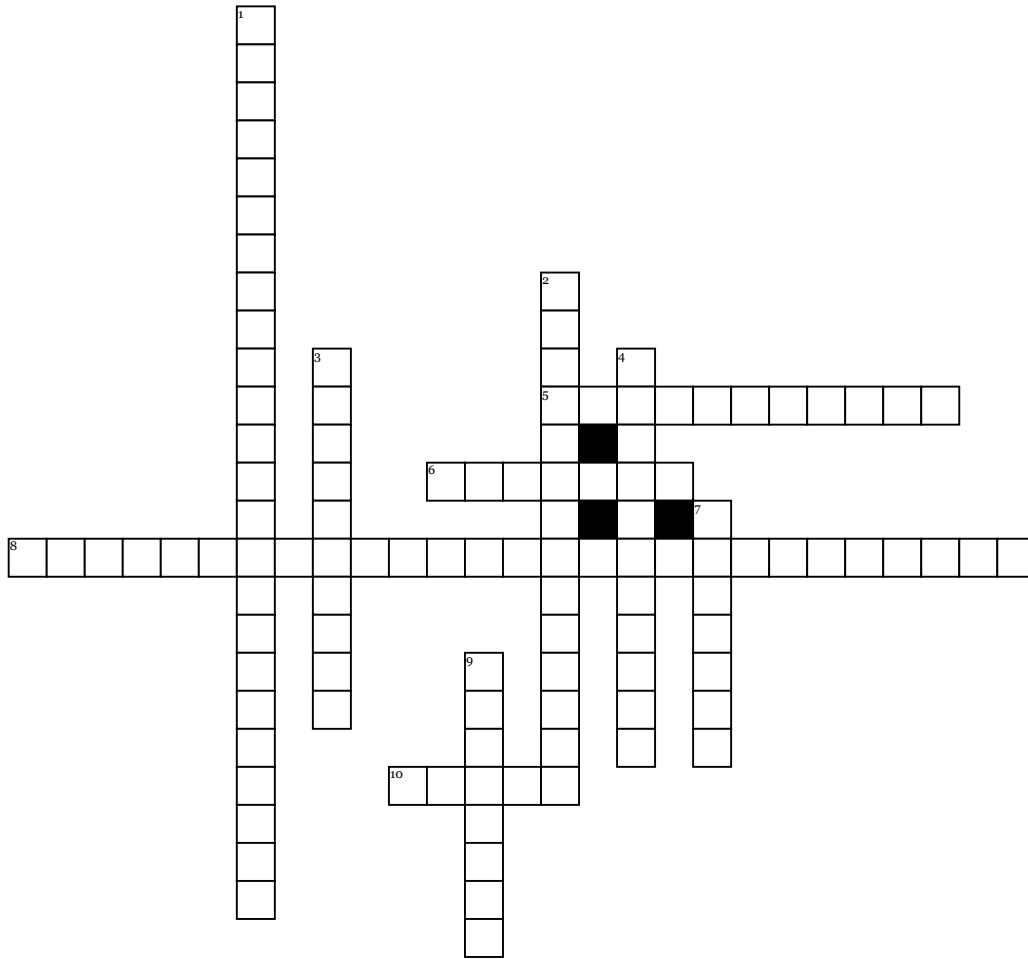


# Treatments for Depression



## Across

5. These people may visit people who might otherwise need to go to hospital.
6. This states you must assess and treat people holistically.
8. A type of talking therapy.
10. Most common anti depressant prescribed in the UK.

## Word Bank

Tricyclic Drugs  
Mindfulness  
Ecotherapy  
Catonia

NMC Code  
Crisis Teams  
Electroconvulsive Therapy

Exercise  
SSRIs  
Cognitive Behavioural Therapy

## Down

1. Only used in cases of severe circumstances.
2. Developed in the late 50s.
3. This involves nature and mental health.
4. Becoming aware of your own thoughts and surroundings.
7. A prolonged or severe manic episode.
9. Doing more physical activities can improve your own thoughts and surroundings.