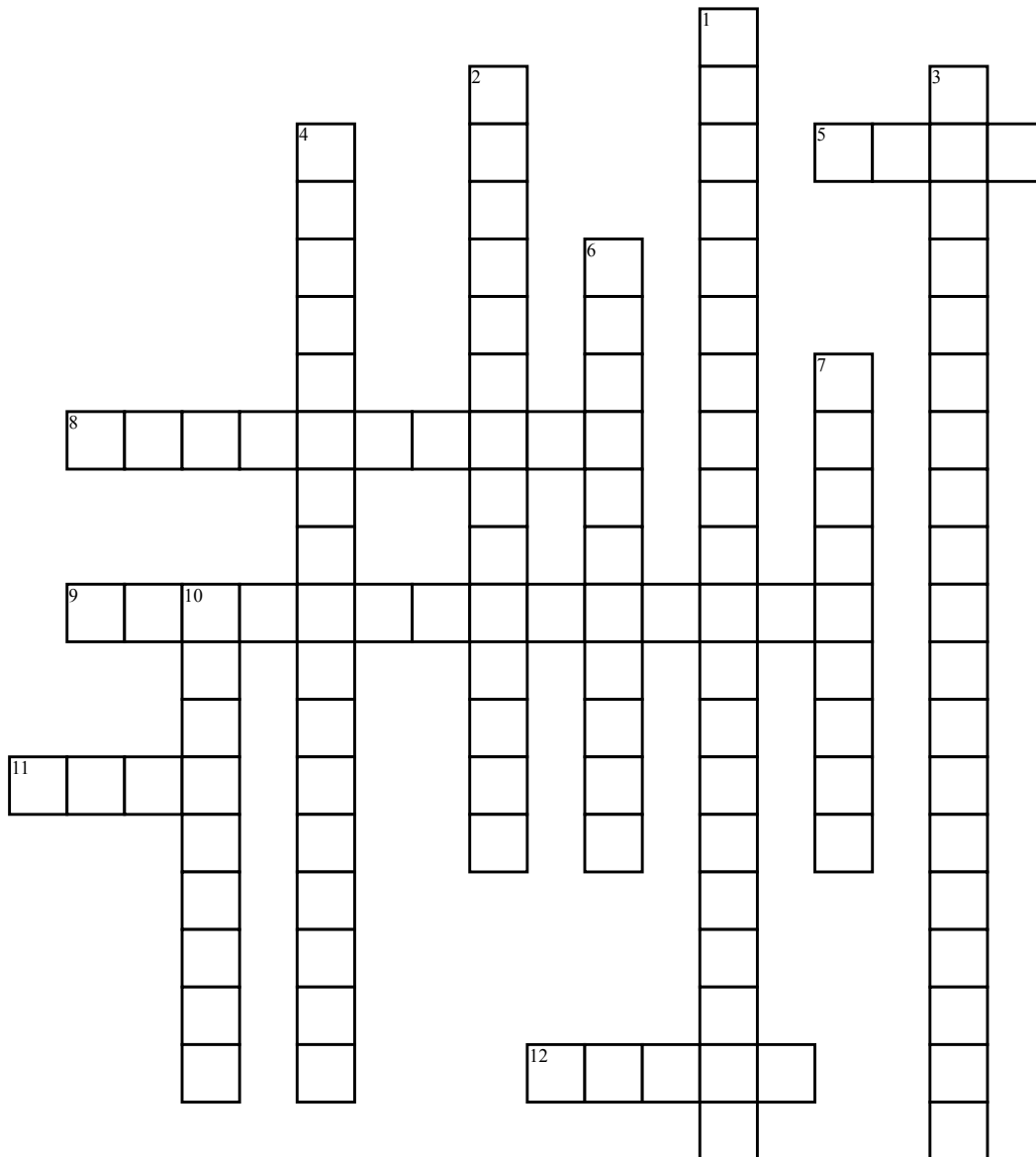


# Trauma Stewardship



## Across

- 5.** Compassion meditation: "May I/You/We be \_\_\_\_\_."
- 8.** "With kindly intent or \_\_\_\_\_ will I speak." (Buddha)
- 9.** "Macro-view" level of Trauma Stewardship
- 11.** Direction calling upon strength and introspection of the air element

**12.** Direction example: "Why am I doing this?"

## Down

- 1.** May contribute to stagnant conditions in profession
- 2.** Being wholly focused on your job
- 3.** 'I leave my voicemail box full' (for example)

- 4.** Daily practice of tending to trauma of others
- 6.** Can lead to an identity based solely on work
- 7.** Tells you where you are and what you feel, moment by moment (Present Moment)
- 10.** The Fifth, or Core, Direction focus