

Name: _____

Date: _____

Trapezius

H V Z P I S P N V I Q N A E U S K R V D G X W E
Y B E X P E E N L F V S C D O P O I Y M C T L E
F N E G E N T E J T Q W M E D I W N B R G W I H
S L I P T E A V R U S R X H R U H A X A D B G A
F S K D I L T V R U Q L U E B V C I R M C I A F
Y T M Y S A O S E T V Z T I E S I T E D F X M L
K A J L O C R V V O T N N L I S U C N A L I E E
M B U D P S X T F O A L C S C G V R I P B Y N V
R I J N P S U E U S O I E A A N S O I S V G T A
Z L Z E O X X Q U P V U P Z V I U N E P U A U T
P I R T K V X T H A I U M A V G M I Z R M H M O
F Z I X K N A J L K L C L A Z G W M Z O Q R N R
R E Z E C R J C X A A P C D T U M S O T V C U S
S D P E R A L M J B V K E O D R D I D U W W C C
X L O E F D R W M N N Z T T Q H H L B B X I H A
R B S O W B O R Z Q R M A S X S N A J E K H A P
H I Y V G B A D Y I G Z V I H G R R O R E J E U
O L Q W C E I K G I A A E T S E R O T A T O R L
M X E H Y D A V D H N J L I X Y P T J N S T V A
B C D C I H M Q X R Z G E P X Y D C X C D Z O Y
O B B Y E G E P V O H N T A L O C E K E N U G U
I K B B N N O I M O R C A C G I W P V G E X P W
D N G Q I D I F I T L U M P S S E R P E D R A J
S R G S A D I O T S A M O D I E L C O N R E T S

sternocleidomastoid
levator scapula
multifidi
carrying
acromion
elevate
rotate

serratus anterior
protuberance
rhomboids
scalenes
clavicle
scapula
extend

ligamentum nuchae
shrugging
stabilize
upwardly
capitis
occiput
flex

pectoralis minor
rotatores
cervicis
opposite
depress
adduct