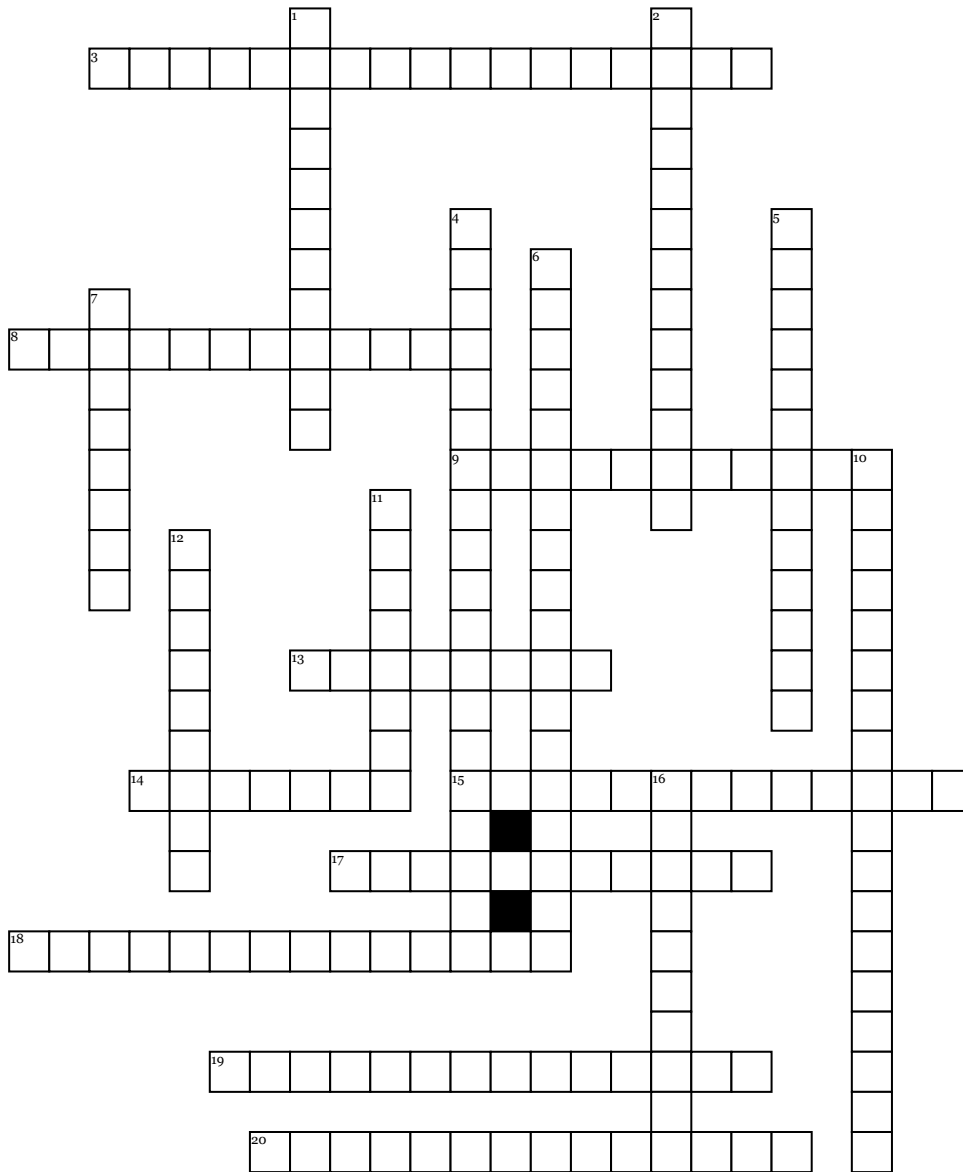


Tic Tac Toe Crossword Puzzle



Across

- 3. A vitamin, specifically vitamin A, D, E, or K, that dissolves in fats.
- 8. A substance added to food products to cause desired changes in the products.
- 9. The amount of a food item customarily eaten at one time.
- 13. A list prepared by the U.S. Food and Drug Administration of about 700 substances that have proved to be safe to use in food processing.
- 14. An organic compound needed in tiny amounts as a nutrient to regulate body processes.
- 15. Making unplanned purchases.
- 17. A food produced without the use of synthetic fertilizers, pesticides, or growth hormones.

- 18. Any procedure performed on food to prepare it for consumers.
- 19. Health-enhancing nonnutrient compounds in plant foods that are active in the body at the cellular level.
- 20. An unbranded product, which can be identified by plain, simple packaging.

Down

- 1. The blood clotting process that stops bleeding.
- 2. A brand that is distributed and advertised throughout the country by a major company.
- 4. A vitamin, specifically vitamin C or one of the B-complex vitamins, that dissolves in water.
- 5. A food that has one or more nutrients added during processing.

- 6. Assessing prices and quality of similar products to choose those that best meet a consumer's needs and price range.
- 7. Someone who buys and uses products and services.
- 10. A method of buying items over the Internet using a home computer.
- 11. A protein substance in the connective tissue that holds cells together.
- 12. A product's cost per standard unit of weight or volume.
- 16. A brand that is sold in only specific chains of food stores.