

Name: _____

Date: _____

Thinking Errors

Y P R L H I G M M H J E S R L H A U W R A X Z G
S T N E M E T A T S D L U O H S Y L J F K X M H
E E X J K A F K S W F A O P K P H S S Q J G A U
D S N O I S U L C N O C O T G N I P M U J X M K
C J P C G K D N J G R M R W S L L Z F Y V S I O
X O U Z R D E P H S U O T Y M O E S K H B U L H
M E N T A L F I L T E R B E X J I C D L Z L O X
L I E N O I T A Z I L A R E N E G R E V O V G I
I V S W H C R O U X S C Q Z S J B C D L V A L H
G O S H X K K H W C U F S A K K W K R W T Y Z S
D I S C O U N T I N G T H E P O S I T I V E S H
F G S R C Y N O B G N I H T O N R O L L A D B B
R A K U E B W L D X G G R W U J J D L Y Y P R B
Y G M Y L R P J F H Y Z S R J S T K I P F L O M
T T J A J R B F J M I N I M I Z A T I O N X D Q
W T M G M N U P F K G X M X E C K S U F K F B G
W E Y J O X E P X D A I J M E G T I G H N H Z K
L L G O P E R S O N A L I Z A T I O N Z H S J R
F F K N J I F Y G P J W Y N I N N P W R M S B T
O Y D V P G N I L E B A L C R N Y E D M A D M F
U K F S R N B G J N F F Y Q M F B N S R L Q Y K
G M M U S P B K T B W F S N X M C K X M F D U C
Y J K H E M O T I O N A L R E A S O N I N G H E
H D J S Y Z N O I T A C I F I N G A M P W Y X M

discounting the positives

jumping to conclusions

emotional reasoning

overgeneralization

should statements

personalization

all or nothing

magnification

mental filter

minimization

labeling

blame