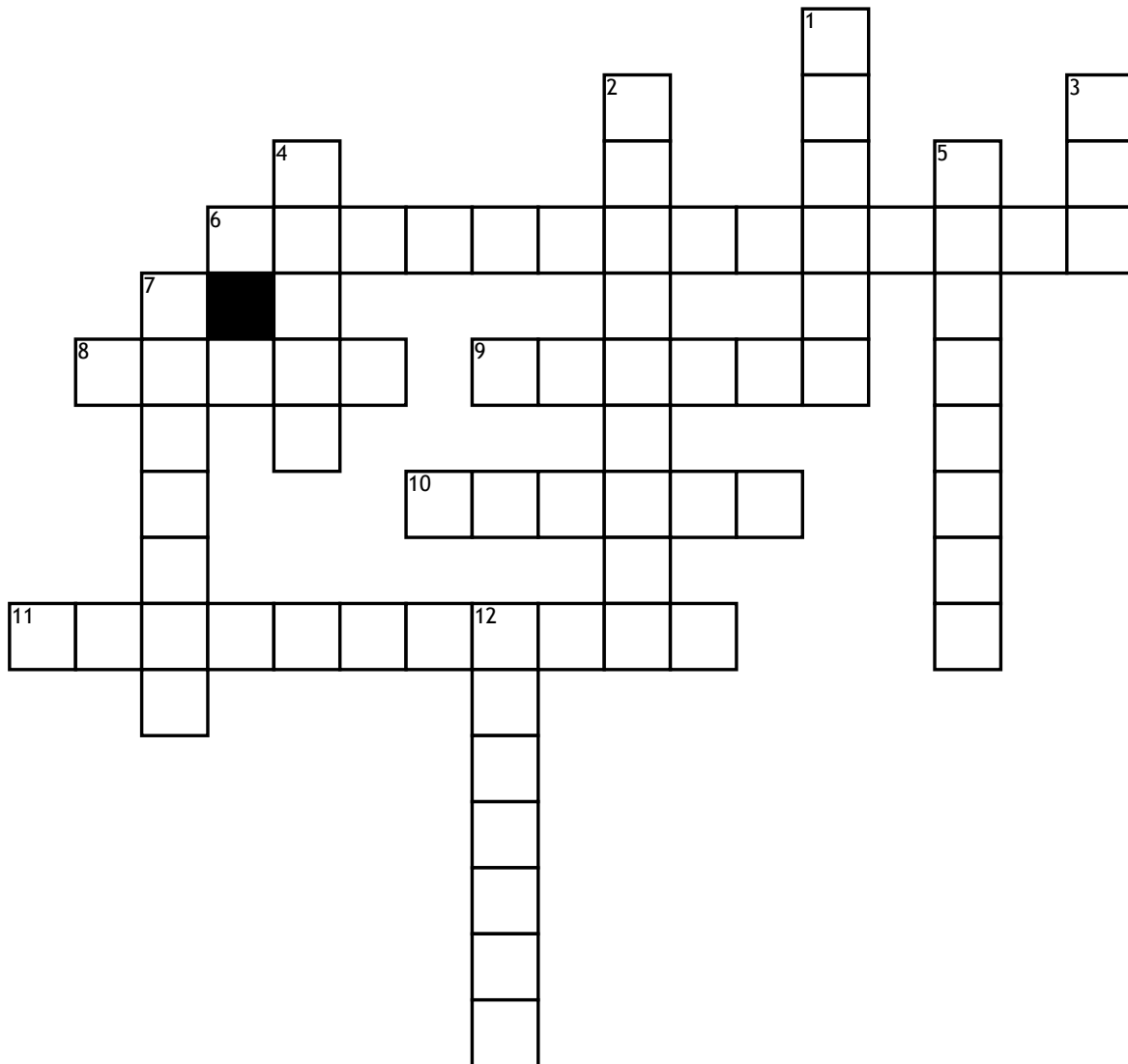


Name: _____

Date: _____

Therapy Crossword 1



Across

- 6. Owing up to mistakes and admitting personal error
- 8. Refraining from hurting someone, even when you know you have the ability to cause them harm
- 9. Virtues, values, personal ideas on how people should act

10. Dealing with emotions or life events in a healthy fashion

11. Being aware and sensitive to the needs of others

Down

1. Standards to which you hold yourself

2. Resisting the temptation to act impulsively or violently

3. Another word for happiness

4. A state of bliss or tranquility

5. Something that should always factor in to how people treat each other

7. Assisting another in need

12. Treating others as worthy; Having regard for others