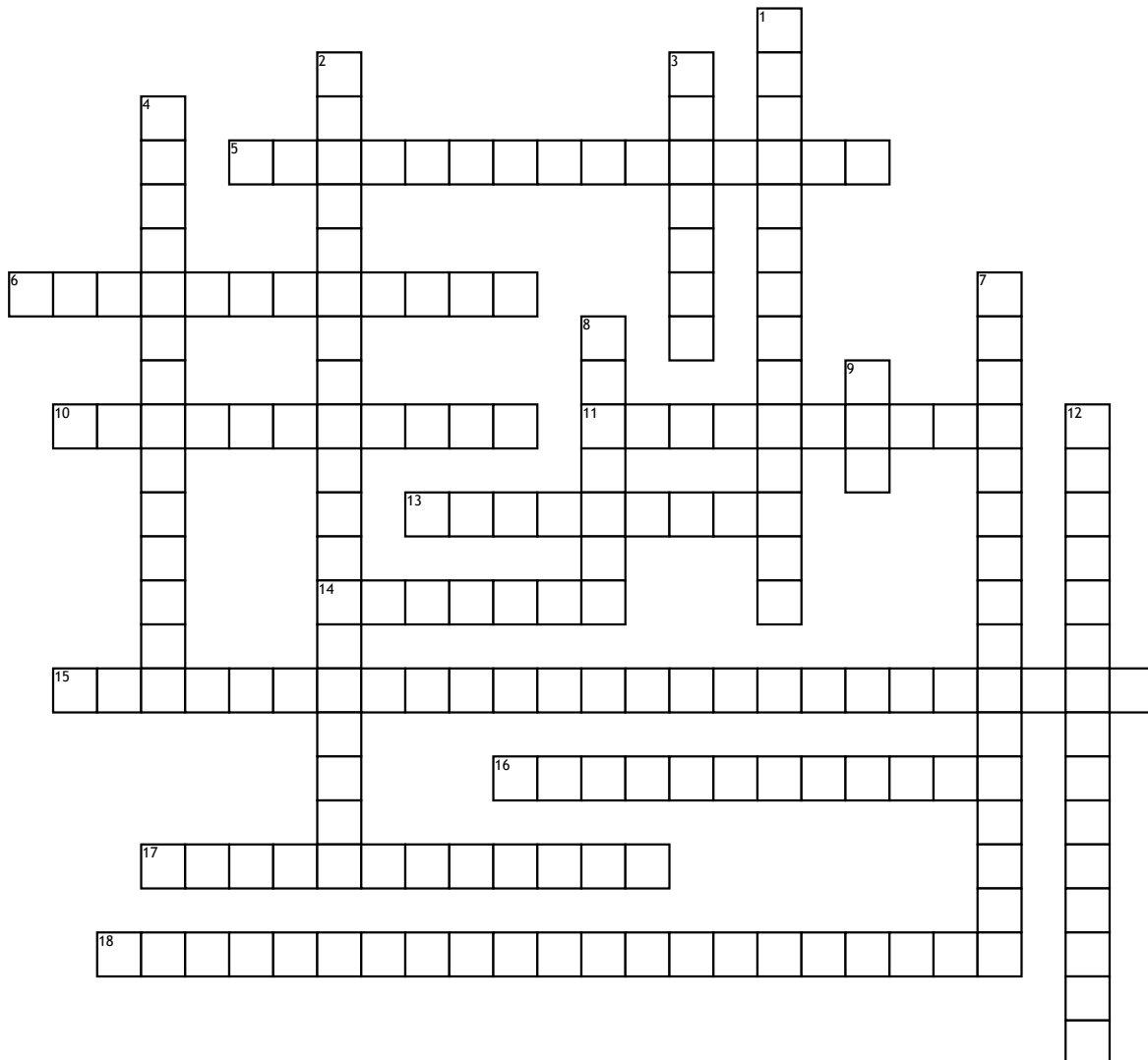


Name: _____

Therapies



Across

- 5. Encourages clients to talk about any thoughts or images that enter their heads (2 words)
- 6. "Realness"
- 10. Ability to be real and non-defensive in interactions with client
- 11. Restating client's concerns
- 13. The seven principles of Kwanzaa (2 words)
- 14. Ability to understand what the client is saying and feeling
- 15. Client is gradually exposed to a feared object while practicing relaxation (2 words)
- 16. Client expresses strong emotion towards therapist because the therapist substitutes for someone important

17. Involves rewarding good behaviors with items having no inherent value, but that can be used to purchase something of value (2 words)

18. Therapist's task is to be non-directive and to show compassion and positive regard (3 words)

Down

- 1. Ability to communicate caring, respect and regard for a client (2 words)
- 2. provides clues to unconscious thoughts and desires through underlying hidden meanings and symbols (2 words)
- 3. African American celebration with focus on the traditional African values of family, community responsibility, commerce and self-improvement

4. Focuses on the idea that each of us has unconscious memories, desires or thoughts that have been hidden or repressed.

7. Assumes that we have automatic negative thoughts that we typically say to ourselves (2 words)

8. "At peace", whether or not the external forces surrounding us are fragmented

9. Psychotherapy based on the core principles of ancient African and Afrocentric world views

12. Uses the principles of classical and operant conditioning to change disruptive behaviors (2 words)