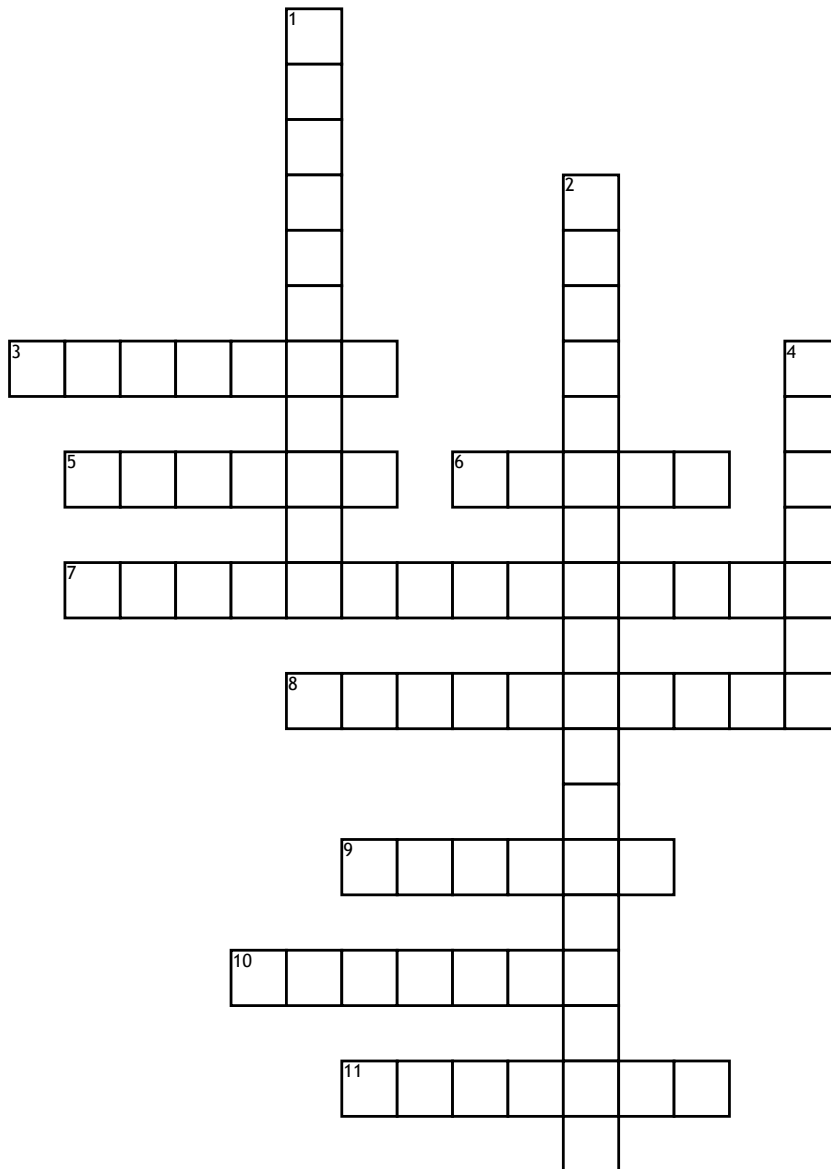


The Stages



Across

3. The most rapid growth period
 5. Adolescence is the ____ most rapid growth period
 6. size of meal should children eat
 7. how many extra calories are needed during last 3 months
 8. how often should children eat
 9. needed for rapid cell division and growth

10. how many pounds do women gain during pregnancy

11. When solid foods should be exposed the infants

Down

1. when is the need for most nutrients
 2. For a healthy diet infants should eat
 4. how fast do energy requirements increase