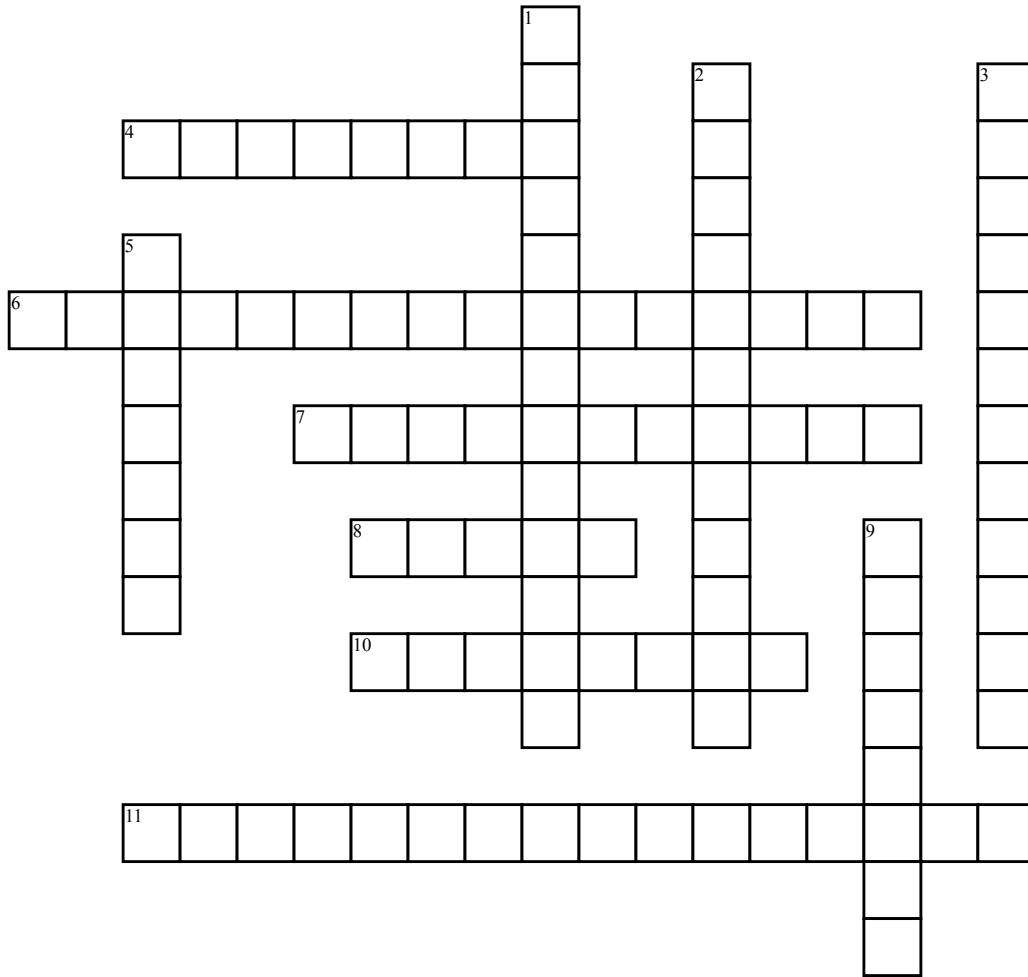


The Skeletal System



Across

4. _____ draws calcium from your blood to your bones
6. To cure osteoporosis you need to make lifestyle changes such as _____ (Three words)
7. What leads to more fragile bones and higher risk of fractures (two words)
8. _____ protects vital organs
10. The main base of the bone
11. To cure osteoporosis you need to make lifestyle changes such as _____ (three words)

Down

1. Bone marrow produces _____ (three words)
2. _____ (two words) are caused by poor nutrition, genetics, or a problem with the rate of bone grown
3. _____ is a bone disease caused by a cut in the bone density
5. Foods with _____ play a central role in bone recovery and bone fractures
9. _____ strengthens a protein component of the bone

Word Bank

Changing your diet	VitaminK	BoneDensity	Calcium
Bones	Osteoporosis	BoneDiseases	VitaminD
Collagen	RedBloodCells	ChangingYourDiet	