

The Search for Health

S 8 I N B S T M H C W R S M 9 U N
H S 4 4 P 1 T R H F O T L W D Y W
C L W B 1 H 1 G R L W H L P L 1 E
E D E S F O W S D N E E P 4 S B L
S H F O 8 H F R 9 M P A S G B B L
B H E C H B C L 4 U N L N H 9 P B
F E H I L M G U Y G R T S B M 4 E
S 8 B A M M 1 E M D D H A I L I I
D 1 1 L I C F 4 E D 4 C S L N H N
O 9 H M Y O G 4 N L M P 9 W L G G
S 4 B 9 F G O A T 9 A 9 T H F O S
M 8 N D S M W N A 4 S W M G H N I
A P H Y S I C A L T L H Y L W F T
T Y L B U Y T P F H O M 8 R G T B
P P D I S E A S E R W 1 E M S B I
S E L F A C T U A L I S A T I O N
N W H O O D I N F I R M I T Y T Y

Self Actualisation

Infirmity

Wellbeing

Physical

Disease

Maslow

Health

Mental

Social

1948

WHO