

Name: _____ Date: _____

The Science of Food

1. RUTINROINTEMC _____

2. CUMTNIARORNTE _____

3. HDOAEYABRCRT _____

4. OEPNITR _____

5. ATF _____

6. ERNEYG _____

7. EFIBR _____

8. EITD _____

9. WLALTEE _____

10. INAMITVS _____

11. ARMSNELI _____

Word Bank

eatwell

carbohydrate

micronutrient

protein

minerals

vitamins

macronutrient

fibre

diet

fat

energy