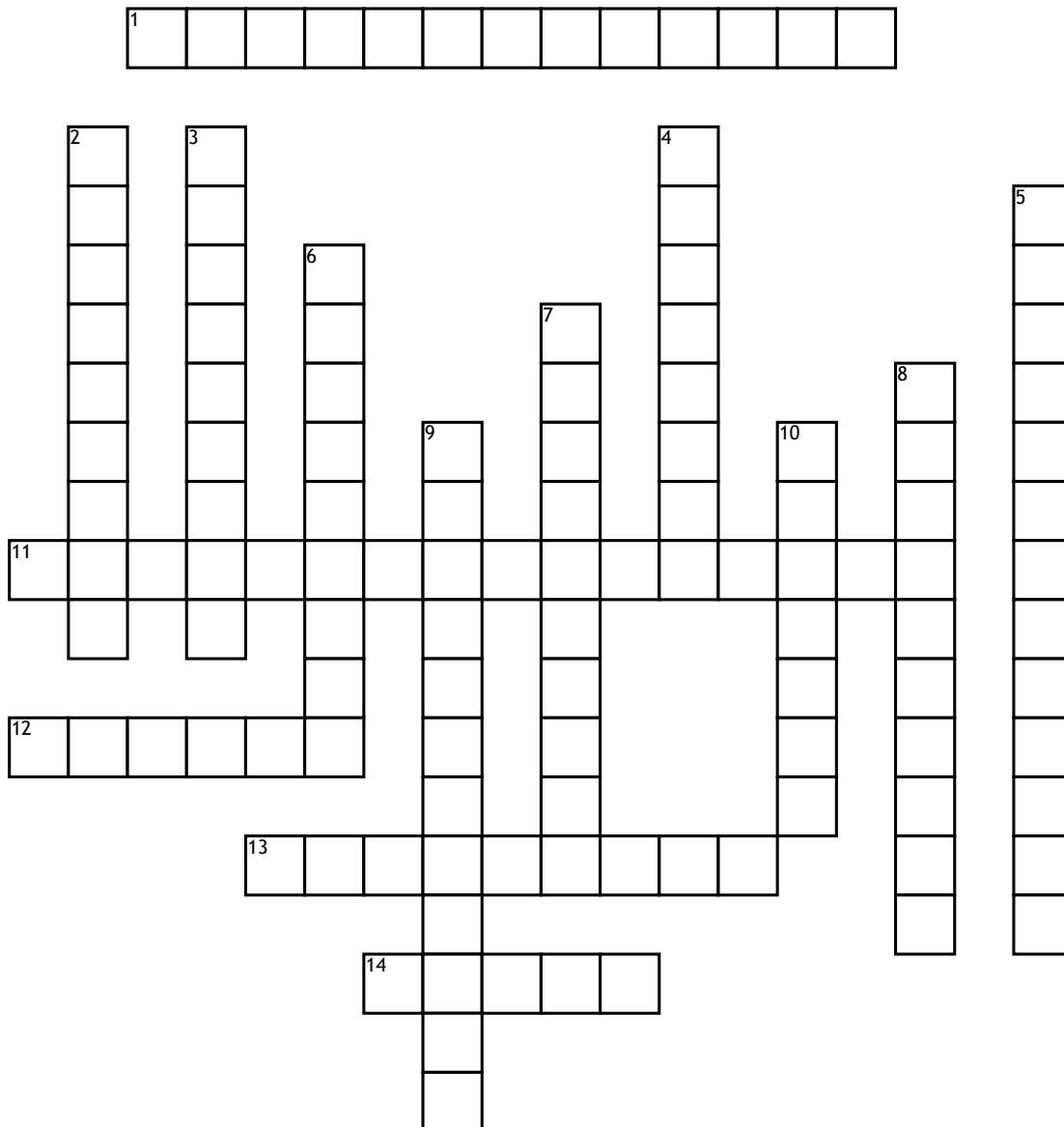


The Muscular System - Lesson 3



Across

1. Type of muscle that is found only in the heart?
11. What is the name for muscles under our conscious control?
12. Which structure connects muscle to bone?
13. Execution of kicking a ball is an example of what type of joint movement?
14. Flexion of the Elbow is due to what muscle?

Down

2. If the biceps are responsible for flexion at the elbow, what movement are triceps responsible for?
3. A Badminton smash is an example of what muscle at work?
4. The muscle that is responsible for hip extension (moving the femur backwards)?
5. Bowling in cricket is an example of what joint movement at the shoulder joint?
6. What is the opposite movement to adduction?
7. Responsible for flexion of the spine.
8. Flexion at the knee joint occurs due to which muscle?
9. When a player shoots at the goal in netball, the gastrocnemius contracts to produce which movement at the ankle?
10. What muscle is located at the shoulder?