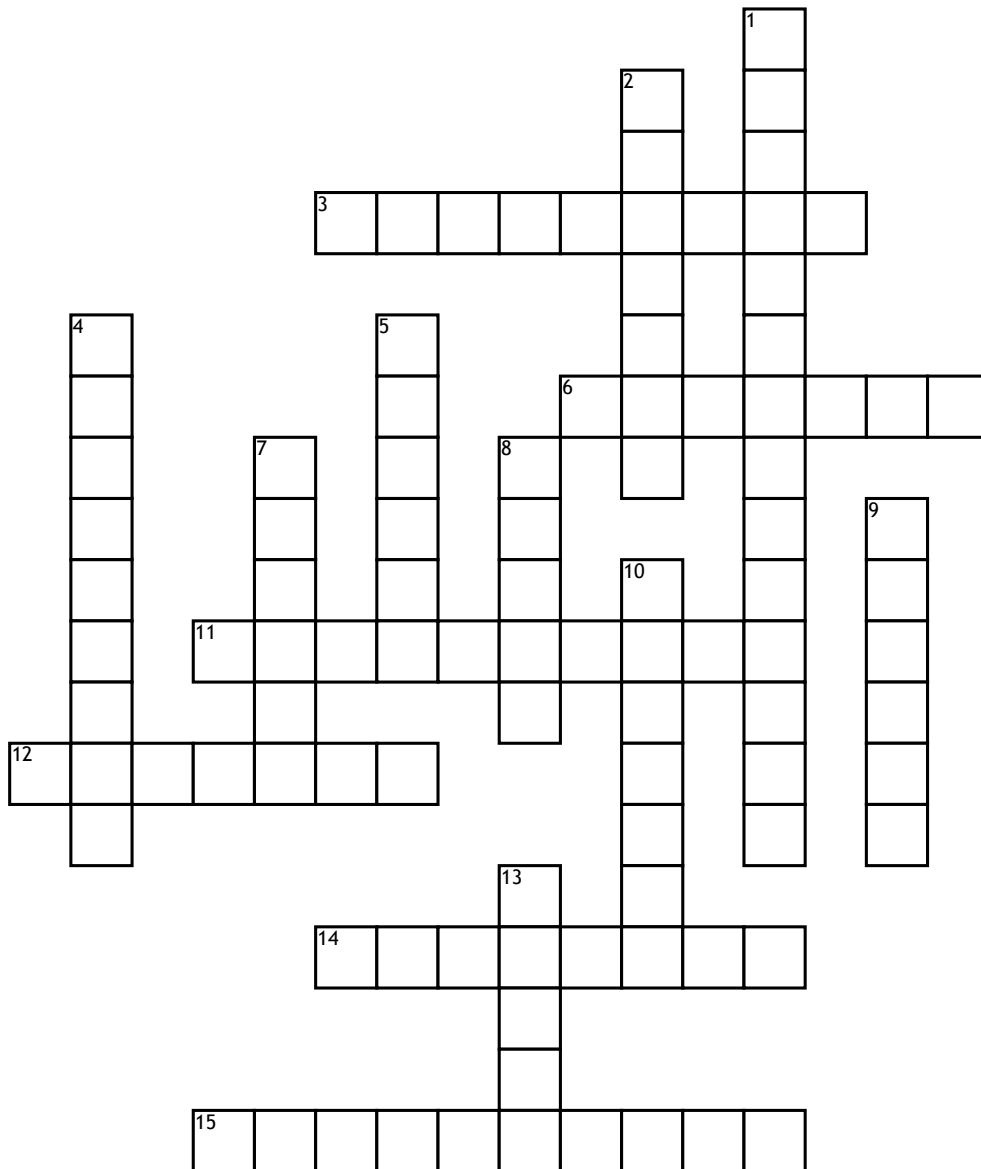


Name: _____

Date: _____

The Holmes Clinic - The Knee



Across

- 3. Deep muscle at the back of the knee
- 6. Movement of bending the knee
- 11. Main muscle group at the front of the knee
- 12. _____ Fat Pad
- 14. A _____ Cruciate Ligament
- 15. Key muscle to help prevent ACL injury

Down

- 1. H _____ injury when you extend your knee too much
- 2. Name of the knee cap
- 4. Movement of straightening the knee
- 5. O _____ Schlatters
- 7. Bone on the outside of the knee

- 8. Shin bone
- 9. House maid knee is caused by _____ Cyst
- 10. Cartilage rings in the knee
- 13. Longest bone in your body?