

Name: _____

Date: _____

The American Diet

Z J W O W H A W M I A M R I A P C R V H W H D P
M B C X Z C A L O R I E S O P X E Y E N O M R E
M L X N O G L G P Q Q P J H O G O O X D A F U E
Q Z V U V L Q Y A R N K X W R R Q G T W C J P L
W Y S E X X K N I B H Z R U L V O H S I O U U S
F J O U S R H S R B G D B D I A R Y P Q E L S P
U L D X S U T M R R S E I L L N E S S E S W E R
Y U A P C R J M O E S T L I F T Q Z Q O W X D V
E H S G E J A W B E B B Z A H X U W B Y P H R W
K I S S O O O D E S O I D F Q J G C T D Q V W Z
I P S W D L A H S J R H F Y A D P J O Q E R M K
T E Z L M Z C B I T W N U D K V L S C G X U S R
F N R U U X I E T R J O G A N L U Z E I O Z C M
A S U T Z E C R Y D G A Y B P G H T A C T D Z B
P S C U R Y I I C Z W T O S A Q A W M C I B X N
T V Z C D Y Q S C Q M Z I R Y B T P E E P K D H
Q W Y F X D L E L U D H X O L W R H M D K C B I
H K D T Q I M D H K G Q W E S Q P P O D A D F Q
X Y O E O K E X A T C I S E X I M U F L Z A G R
W D N I M T E J D O O F T S A F K P E U L X D T
J H U D F L L L E O E S I C R E X E F K R M S G
H R T P D O Q D A L A S U O Q E S T Z I T A A Z
A X S P U Q G L M J W Y N O I T I R T U N H C I
Y C N E V D C N N X H V G V W C T S S Q G E C X

cheeseburger

vegetables

Fast -food

Nutrition

illnesses

calories

exercise

obesity

desire

stress

Donuts

salad

fiber

diary

money

sleep

sugar

diet

Soda