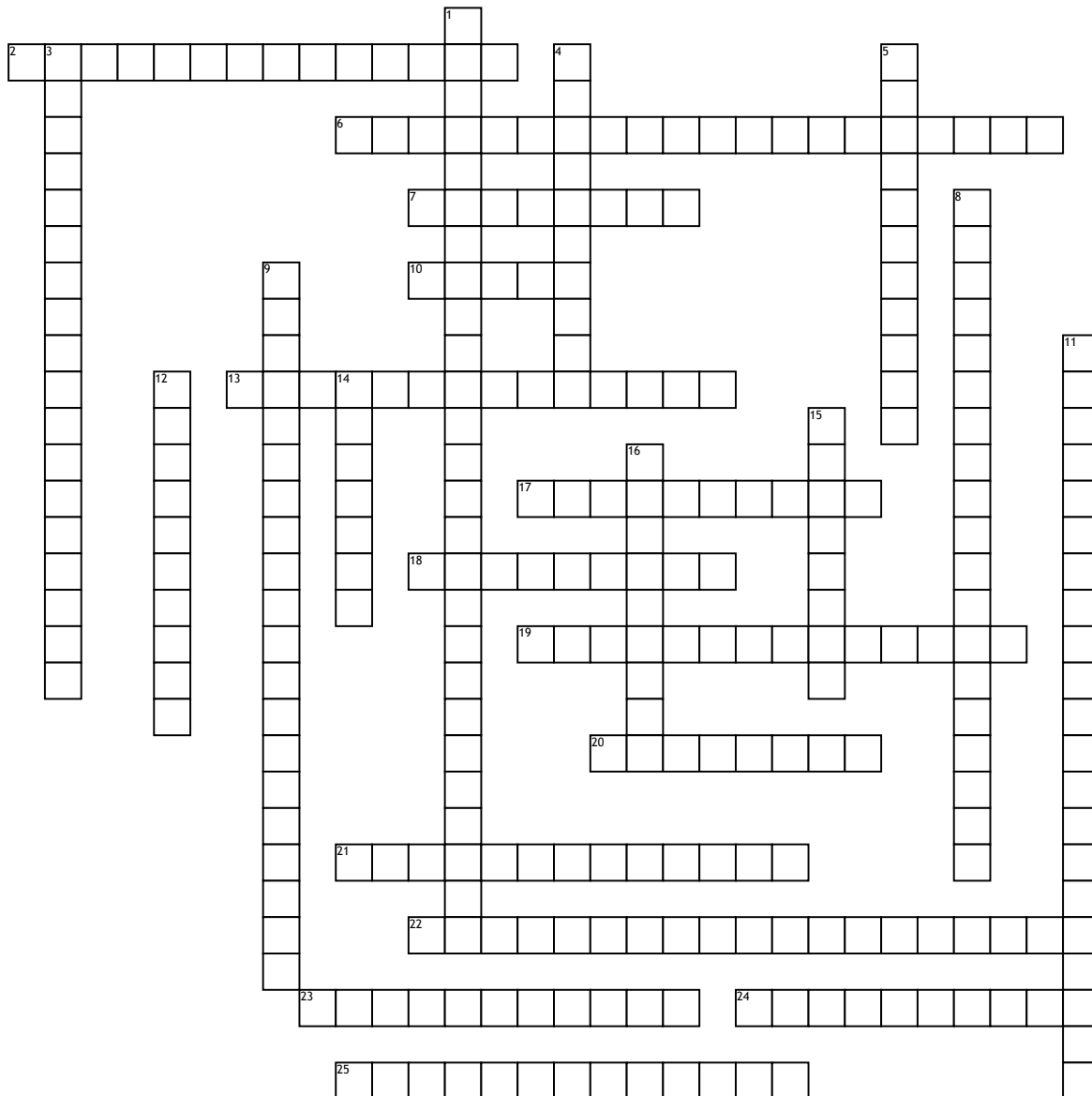


# The 7 Health Skills Review



## Across

2. Brainstorming Ideas  
 6. The ability to identify, obtain, and make use of data or information effectively  
 7. What does the letter S stand for in the acronym smart  
 10. some you might  
 13. The ability to demonstrate positive health  
 17. What does the letter A stand for in the acronym smart  
 18. Step four of goal setting is?  
 19. Give an example of advocacy  
 20. A recommendation of a particular cause or policy

21. Step two of goal setting is?  
 22. The ability to analyze info of culture, family, technology, etc)  
 23. Step one of goal setting is?  
 24. Which type of risk is most reliable to take  
 25. The ability to just say "no" when being peer pressured into doing something

## Down

1. The ability to exchange information between two or more people  
 3. The ability to practice health regardless of age, sex, or religion, while placing emphasis on family unit.

4. The ability to access situations and decide on positive choices  
 5. The process of deciding what you want to accomplish by devising a plan  
 8. Step three of goal setting is?  
 9. Identify sources of information  
 11. give an example of enhancing behaviors  
 12. What does the letter M stand for in the acronym smart  
 14. give an example of analyzing influences  
 15. What does the letter R stand for in the acronym smart  
 16. What does the letter T stand for in the acronym smart