

Name: _____

Date: _____

Technology and physical activity

B P T R O P S I I W O M H T S K K U R Z S J D W
C H X Q P R O P O K E M O N G O T M F O H Q T Z
V Y L B G T P T Z E C A R D I O V A S C U L A R
U S L D U P E M A Y G O L O N H C E T W R N I J
B I A P L B U O F S W K U A T V S X O Y B F G G
P C W J P X Z G X U Z Z J H A N W C T M J S N P
H A W I Y S G J D S X R Q T R O P S L L V T Z N
Y L M B W T V K M U S Y M L G G R S E L C S U M
S A M U P W N A M S V I V I D G A R Z P H D L K
I C J L H N Q W W C R M O O I Y F R Z R G J G D
C T G O K O E U Z U T N F O H O K A D Y N P X V
A I X W B Q M W S X I Z X V Z R Y O D E R B L L
L V Z T Q U U H V N X S W B C G K U N B N O W F
G I C P O K X W N C T B S B A L M N U B H I J H
U T P W X Q V G E X L N X Q Z R G S S X Y K N C
I Y A A A F V Q Q H S I E H B L G X Z C D Z P G
D F F L Z L Q M B B S A X M G Y E I C Z R E W C
E K S K L X G D I I H T V S E E S S C A A D Z N
L Y M I X U O L K A N S O B R V D A I Q T U O W
I Y V N H S E W U Y X A G B J U O E R A I L O P
N T O G I U T P X A A V B R Z N W M R Y O N W R
E Z S M M B O O X W E X H X B X Z Z D N N U I A
S B F Y B B M N P Y J A Q S J Z C L V T U Q N I
G P M A U P M Q R K W N H H D R A A U U U E N V

Physical guidelines

Pokemon go

Hydration

Muscles

Physical activity

Technology

Wii sport

Walking

Cardiovascular

Gardening

Movement

Sport