

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Taxonomy of Massage

P O S V Y W M X V C M E H P B P R W Y N E R Q N  
P T K Y F V H L R L L I R X G N D P K O G W T U  
C J Q U K J V O D H L M Z R O A M G C I A C H A  
L K U N C L S Q R E E T E Q U T C I N T S G Q J  
I N G H E S P O M G S K U C O T R W J C S I U J  
F O X T F R C B N O O G T O L C P Y H I I V O G  
V B J I G K V L X R D G T F U A Q G D R R S D N  
Q Z B U I N K E T P N H X L H Q P W Z F T M T I  
G E E N U K I S S P P U A T N Q P P Z L E K W M  
R N G T P T A L Y T W R I N G I N G I S P H H R  
Y C I I N R N V L Y R U C P Y A I N R N G I C A  
C L G P U V H E L O T O U J X N G Q V K G C U W  
W I L A P P I I M A R Q K T U D X A I Y N K P L  
P J W C N A T B P E H A J E U D O L V L O F P A  
T B O H F R T O R B C D F G T G Z I Y Y I E I I  
I U F Y H U T Q C A D N B I R G F R E H S L N C  
G A T G M E L N W K T D I E N T Z F A Q S Z G I  
F H K Z M X H L Z M A I E P U E F C I H E W O F  
R K I E R H A B I I C I O S X Y K W B Q R F B R  
D F N P O U N D I N G G Q N U I K R B Y P V A E  
H T I D U E C R G Y G V X J N F G L M C M L H P  
H S K I N R O L L I N G L G N G F X X R O N M U  
U K J E J Q Y E G A R E U L F F E I G H C O L S  
W S L C Q X C H U C K I N G F A P Z D N Z K H U

Superficial Warming  
Cross Fiber  
Effluerage  
Diffused  
Chucking  
Rocking  
Rolling

Skin Rolling  
Compression  
Pincement  
Clapping  
Wringing  
Cupping  
Fine

Nerve Stroke  
Tapotement  
Vibration  
Pounding  
Friction  
Hacking

Aura Stroke  
Pettrissage  
Jostling  
Circular  
Fulling  
Tapping