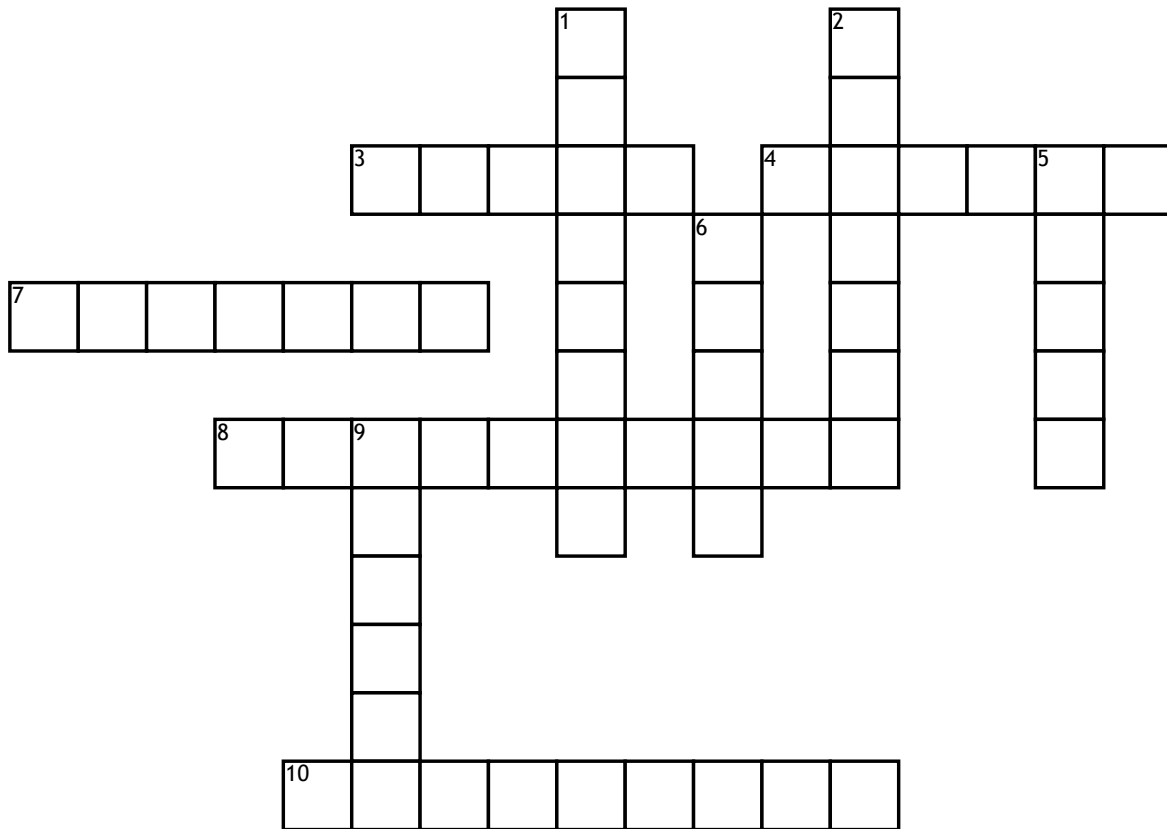


Taking care of the nervous and endocrine system



Across

- 3. a clear liquid, without colour or taste; you often drink it
- 4. worry caused by a difficult situation
- 7. a cigarette
- 8. the state of feeling very unhappy and without hope for the future
- 10. a plant that is used in food, usually green (e.g. potato, cabbage, broccoli, kale, etc.)

Down

- 1. physical activity that you do to make your body strong and healthy
- 2. Any natural substances that your body needs for growth; it can be found in food, and has different types: A, B, C, D...
- 5. having rest at night
- 6. The common name for apple, pineapple, mango, etc.
- 9. a game or toy in which you have to fit separate pieces together