

Take a break from the screen and join a team

B	L	T	A	X	I	Y	K	U	S
O	B	E	S	I	T	Y	M	C	B
D	T	L	B	Q	P	I	R	J	P
A	E	E	C	K	W	E	N	Q	M
C	A	V	R	S	E	C	U	F	R
T	M	I	T	N	S	G	R	Z	I
I	R	S	T	J	T	D	P	L	U
V	E	I	H	E	A	L	T	H	Y
E	M	O	E	K	T	R	O	P	S
E	X	N	H	E	D	S	K	I	P

television
obesity
swim
run

screen time
active
team

healthy
sport
skip