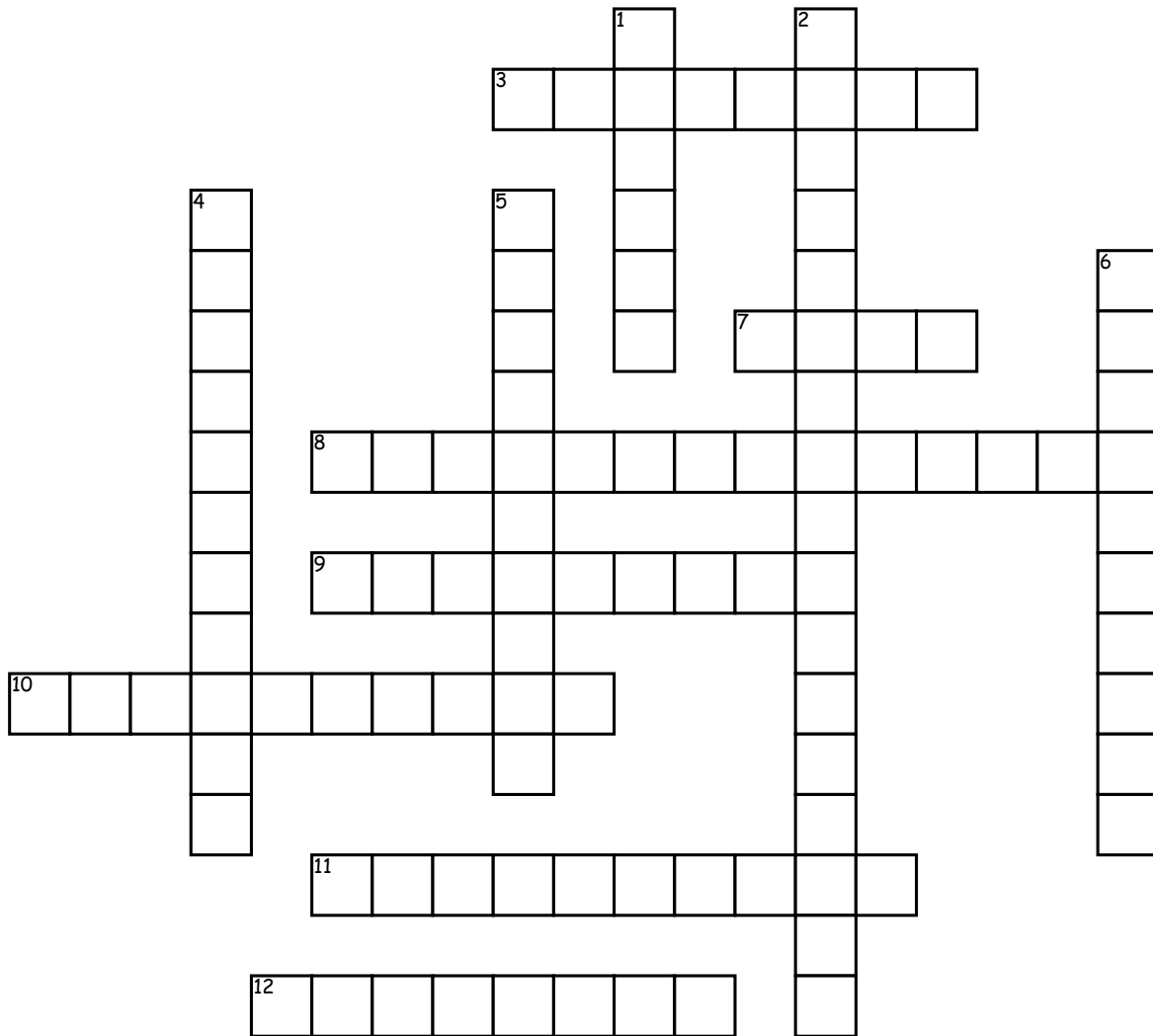


Swim Vocabulary Word Crossword Puzzle



Across

3. Move arms forward and back in synch.

7. Heat Escape Lessening Position

8. Allows the rescuer to keep sight of the victim and avoid swimming off course, even slightly, which could be the difference between life and death.

9. A foam board that holds the upper body above the water.

10. The way in which water acts against the solid mass of a swimmer's body and slows down their progress.

11. Used to approach a victim quickly without losing sight if they go under you will know where to surface dive down to them. .

12. The upward force that water exerts on an object.

Down

1. A "group hug" to conserve heat.

2. The swimmer is breathing, trying to support oneself, and has expression of concern for personal safety on the face.

4. A kick in which the legs make a sharp snapping movement like the blades of a pair of scissors.

5. Move legs in alternating circles in an "inward" direction.

6. Used when entering unknown waters.