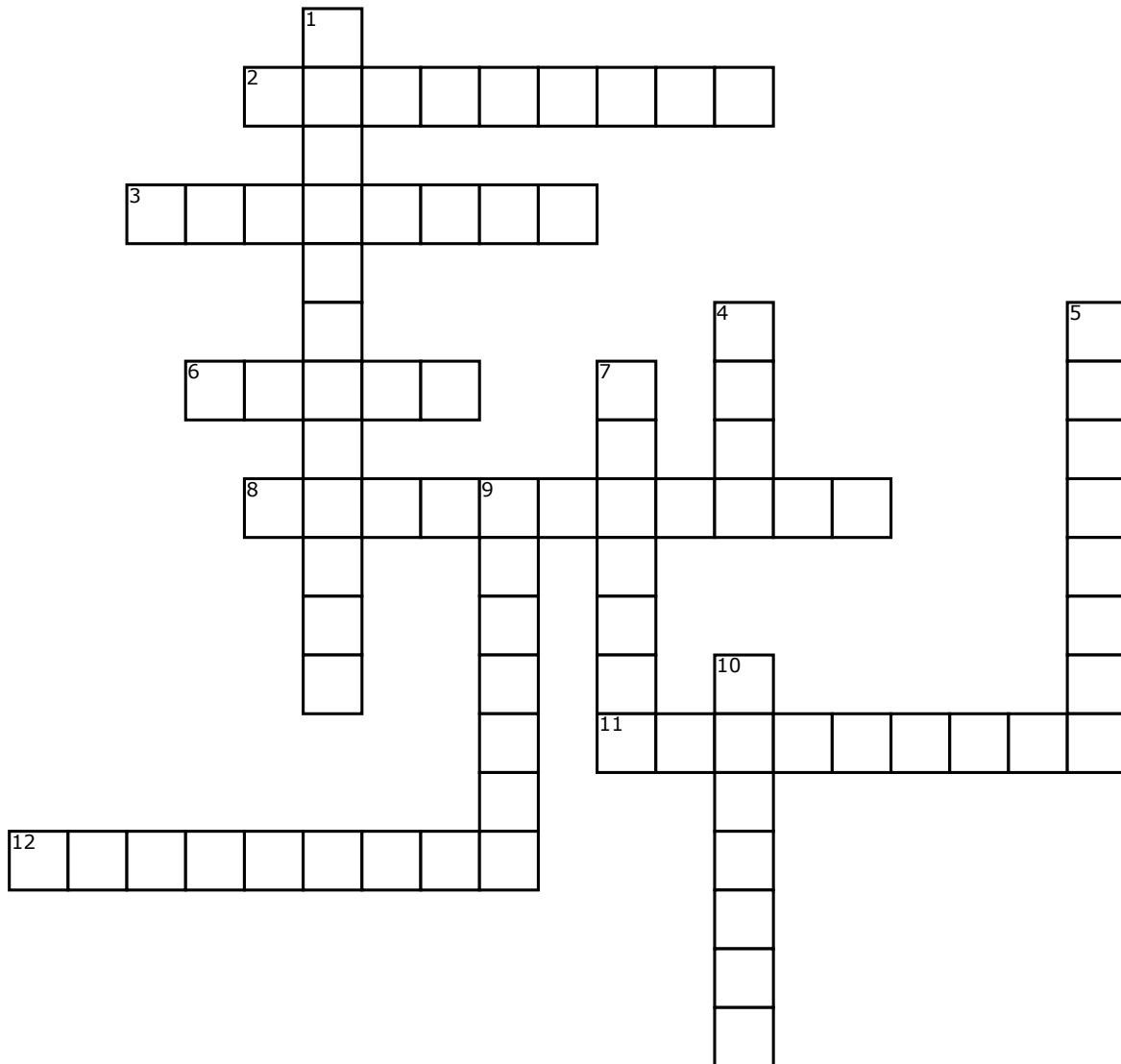


# Superfood Crossword



**Across**

- 2.** A tree nut indigenous to Australia and is a common nut
- 3.** Comes from the Italian word brocollo and looks like a tree
- 6.** In Spanish its name is Maca Maca and it is a biennial plant
- 8.** Indigo coloured berries very well known

- 11.** An algae like super food that can be found under the sea
  - 12.** Commonly known as wolf berry it is found in Asia
- Down**
- 1.** Made from cacao beans and is not usually healthy
  - 4.** It is native to Brazil and comes from the acai palm

- 5.** An asian tea that helps with preventing diseases and cancer
- 7.** Proust like superfood used a lot in Asian dishes and is very thin
- 9.** Used a lot in noodle dishes and is referred to Chinese chard cabbage.
- 10.** A perennial plant/root that is know as Panax ginseng