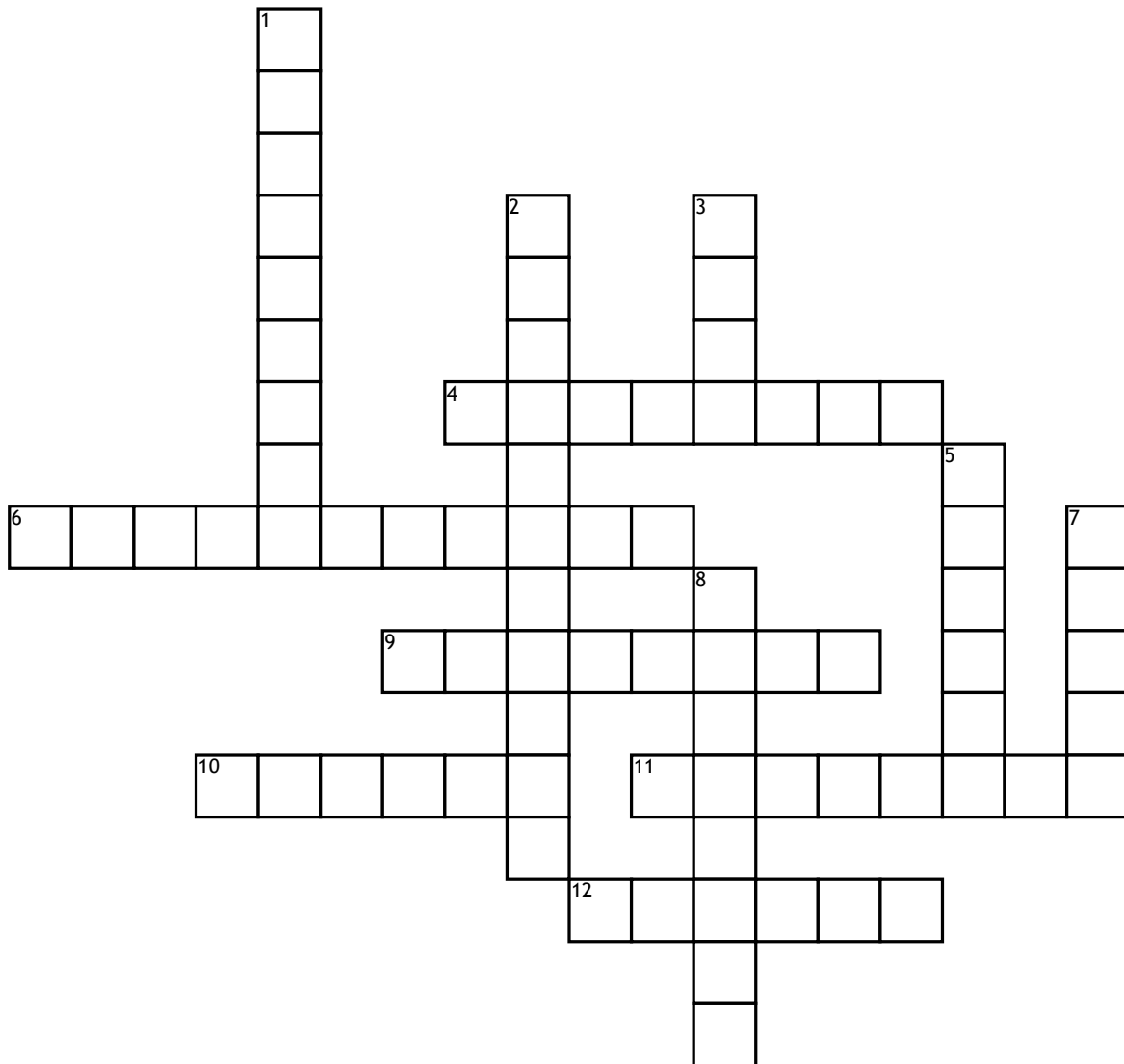


Summertime Fall Prevention Tips



Across

4. Install good _____ on walkways for better nighttime vision

6. Going barefoot or wearing slippers can cause a fall. When indoors wear shoes with a slip _____ sole.

9. Walkways around pools may be _____

10. Walking surfaces and sidewalks may be _____ after the spring thaw.

11. Wear proper _____ when enjoying outdoor activities

12. When gardening use _____ beds to eliminate the need to bend over

Down

1. _____ and sandals offer no support to your ankles.

2. Talk to your pharmacist with concerns about _____ as some react differently with sun exposure.

3. Listen to your body and _____ when needed

5. Stay _____ to keep your body in shape for summertime activities

7. Drink plenty of _____ to stay hydrated

8. De-clutter your home by _____ out unnecessary items that may cause a tripping hazard