

Name: _____

Date: _____

Stressed Out!

O L Y Q Z K S S E N S S E L P E E L S S Y L T A
J D R R H Q H S K S T N E R A P W M L O O H C S
L O E E C D X D O Q M P T G X A A O Y P P S U C
K M C C C P N R Q C E J S Z A X M F R Z C I X B
J E N W S S P L O L I C E T E G P O K K G C J S
L D B B D E V P E N D E I R S N T G N E E K V W
C E X P E N S E S Q E Q T W U E R R A E B J R A
E U R E S E R V E D C N L Y S S T P O T Y L Z L
X J L E Q N Z I U A M F D R B L S Y C M J V P S
O G S T X G F M L H G U B Z T P L E A Z I X D S
Z Y N N U U R J H J O X R E G N A I R E J N G D
B B O J Z R E K O O E M H M K H Z Y B P A O R O
M E I Q F D E O S W S V C U H B L S J M R P C Y
O J T G Q E R R T N V T M D B D J H E G E E O G
I K A R A A P Z I P D K N S N Q J D C R R R E D
X Z T A V D J G L X W W X E W Q G M T S W F W P
Y E C O H L I X I N M O I K M G J A W H R O X H
X N E R X I Q S T W R R B H P S T J A T X R O V
E S P B C N E Z Y J F E G A R I S N S K J M E U
E Y X F W E P X C N W O J W A N A E C M R A O E
Y U E U G S E Z U T K C S O N U K N S Q F N A S
N O R D C Y V N H S R E H C A E T J N S U C C B
W C A V D E P R E S S I O N P K A S R T A E Q M
Z M F Y F R E L A T I O N S H I P S E X D J J O

- | | | | | |
|---------------|---------------|---------------|--------------|-------------|
| sleeplessness | relationships | peer pressure | expectations | performance |
| assessments | unfriendly | depression | hostility | deadlines |
| reserved | mortgage | expenses | teachers | society |
| culture | parents | demands | whanau | school |
| anger | bills | money | tests | exams |
| acne | rage | laws | sick | work |