

# Stress and Your Health

H P E E H C C A N C E R K P M V I  
L E P R S U F G O B O R O L O M U  
O S W Y M N M O W S S F A C A I G  
V I R B E H O O R Y K S X Y Z T X  
E C N Y Y P E I R G T J E H L U C  
R R M W I H I A S L E E D R A C A  
E E T T R U E D R I W T I X T P L  
A X E P O C C S E T C W F X G S Z  
T E S E Y Q N E E P A E K U N Y H  
H X O Q N G A T G T R T D P L A E  
R C H I I K L L C C S E T N O Z I  
J O I N T P A I N Y J T S A D T M  
P O C U R H B E F T O R R S C Q E  
C T R A M E E T S E F M V O I K R  
E R U S S E R P D O O L B C K O T  
H J C Y T I L I T R E F N I A E N  
B P H E A D A C H E S F R Y U C H

bloodpressure  
forgetful  
jointpain  
overeate  
stress

infertility  
Alzheimer  
exercise  
esteem  
humor

heartattack  
decisions  
balance  
cancer  
cope

depression  
headaches  
anxiety  
stroke  
talk