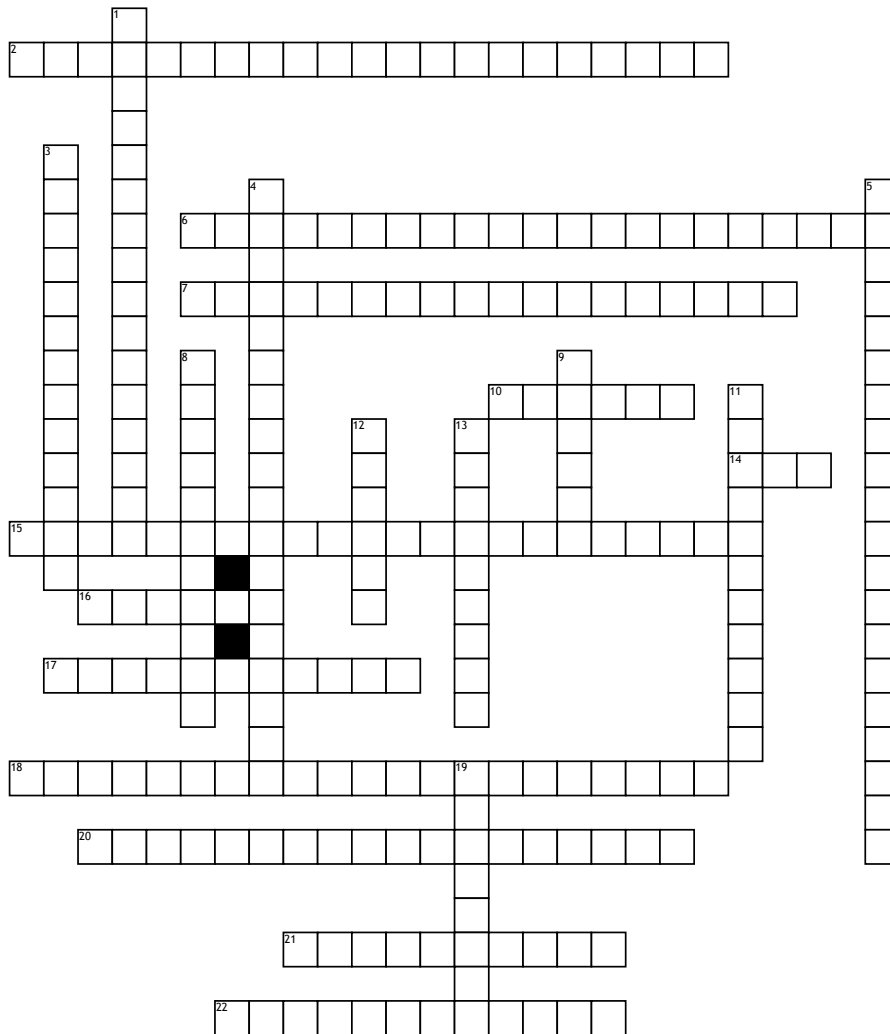


Stress Management



Across

- 2. Hypertension with no known cause is called
- 6. The study of the illness-causing and healing effects of the mind on the body is known as
- 7. A physiological response in which the body turns on itself is known as
- 10. In order to have a healthy level of cholesterol in your blood you want to have: high levels of _____ and low levels of _____.
- 14. The interference with the smooth functioning of the jaw is known as
- 15. The pressure of the blood against the arterial walls when the heart is relaxed is known as
- 16. Issues or cuts in the wall of the stomach, duodenum, or other parts of the intestines are known as
- 17. Cancer-causing agents are called

- 18. The pressure of the blood as it leaves the heart is known as
 - 20. A rupture of a blood vessel in the brain is known as a
 - 21. Substances produced by the body to fight antigens are called
 - 22. All of the following are acceptable treatment approaches for PTSD, except for: A. talk therapy B. medication C. shock therapy D. exposure therapy
- Down**
- 1. Cells left in the bloodstream and the lymphatic system to recognize and respond to future attacks to the body by the same invader are called
 - 3. Conditions that have a mind and body component are called
 - 4. The total blood pressure is given in the formula:
 - 5. When a part of the heart dies because of lack of oxygen, it is known as

- 8. A physical disease caused by emotional stress without a microorganism involved is
- 9. The debris that clogs coronary arteries is known as
- 11. People who tend to: A. anger easily. B. feel anxious or depressed. C. experience nausea or vomiting
- 12. _____ are a type of lymphocyte whose purpose is to destroy substances foreign to the body by puncturing invaded body cells and killing the cells and foreign substances.
- 13. Health-care providers make a good deal of money treating _____. B. pain from _____ can affect a worker's ability to do physical work. C. pain from a _____ can affect a worker's cognitive work performance.
- 19. The constriction phase of a migraine headache, also called preattack, is called

Word Bank

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|---------------|---------------------|--------------------------|--------------------------|
| Shock Therapy | ulcers | cerebral hemorrhage. | myocardial infarction. |
| carcinogens | Hot Reactors | TMJ | psychoneuroimmunology. |
| headaches | autoimmune response | systolic/diastolic | essential hypertension. |
| T- cells | psychosomatic. | systolic blood pressure. | plaque |
| antibodies | psychogenic. | memory T and B cells. | diastolic blood pressure |
| prodrome | HDLLDL | | |