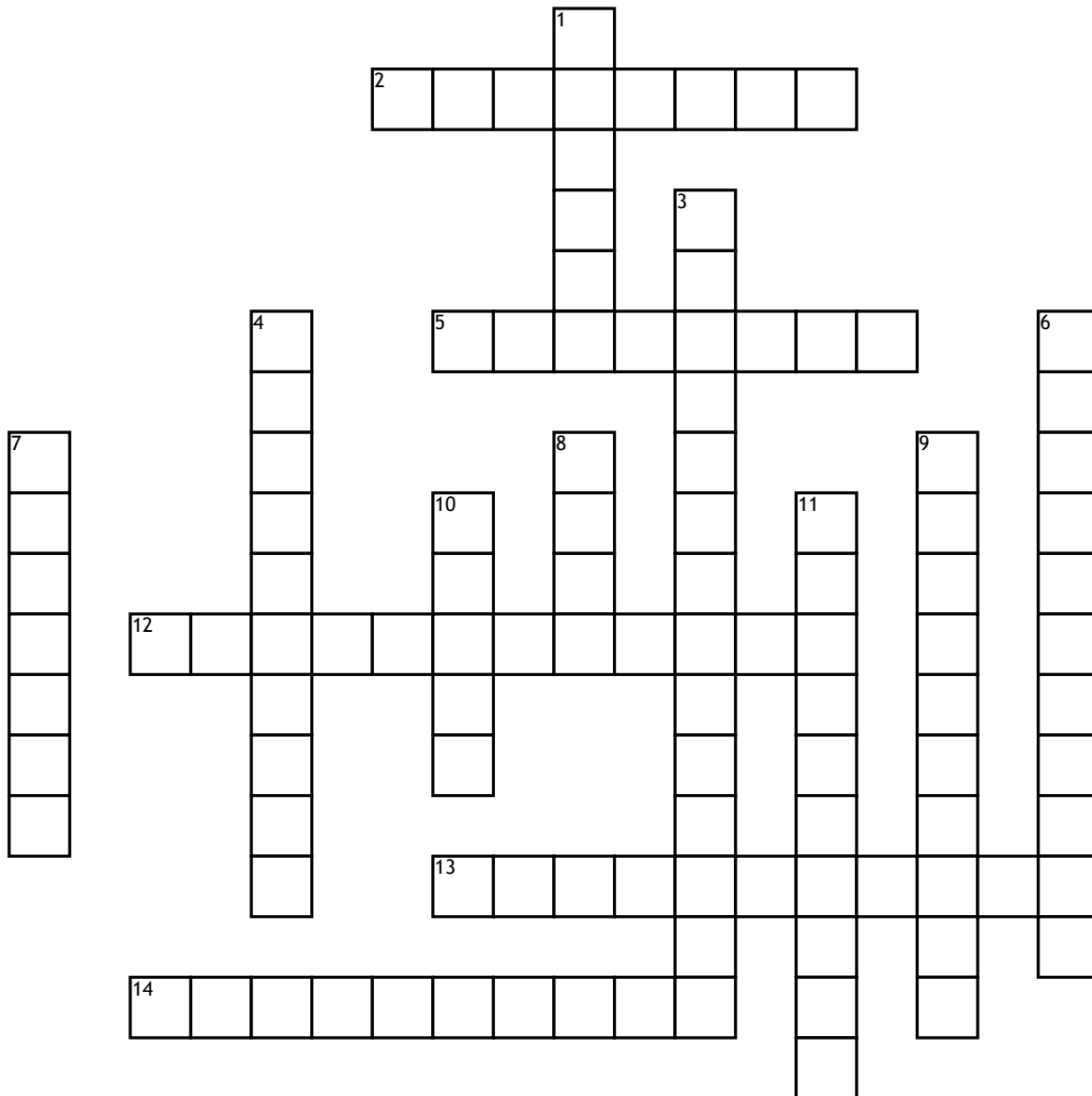


Stress CrossWord



Across

2. Stress that stems from acute anxiety(notes)
 5. Positive stress that helps motivate to overcome challenges(notes)
 12. Anger towards someone or something
 13. Channeling negative into positive(gr)

14. Retreating into infantile stage(gr)

Down

1. Reaction to a tense event(notes)
 3. Body's reaction to stress(notes)
 4. Anger(gr)
 6. People disguise own impulses(notes)

7. Feelings of high stress(xw)

8. To manage stress in different ways(xw)
 9. Removing bad thoughts(notes)
 10. Stage where heartbeat increases(notes)
 11. Causes depression(gr)