

Name: _____

Date: _____

Stress

F B F W X L G Z V G Y R Y Y H S Y
H P U S P L R M P B L Z U F X G J
T S A W V D L X H E A D A C H E S
L O G E H I H M I F B P G N H A G
B T G A X A Y A S T H M A Y V L Q
Z L R T T R L S O A I R M U R L A
W E E Y P R K P U B S P Y I Z E I
K N S P E H Q Q R C K G D B F R I
G W S A Z O N S D O I W V U F G C
X T I L C E L R G L N B J B A I D
H O O M I A B C P D A D R O I E N
Z C N S W Z U G T S R Z D G I S T
U Z M S K S T O M A C H C E T R T
R O D R Y M O U T H L N A F B W H
F B L Z A H E A R T T A H A I R V
Z O T I R E D N E S S K M Z C Q F
Q W D N R A S H E S U L C E R S C

sweaty palms

diarrhoea

dry mouth

rashes

heart

aggression

tiredness

stomach

asthma

hair

headaches

allergies

ulcers

colds

skin