

Stress-Less Wordsearch

Z O L H S S J J I D I B A L A N C E C F W U G V
 J X S A Q A Q O E C S N X F E N L A C I S Y H P
 Y G R X U S T A V L A I C N A N I F V J H S P H
 T W N U P T T I U O S M E N T A L Q F Y O L O E
 I C E Z B X I F S R L E H J P R X C D D Z R C A
 L M A W U I Y R C F W U I R Q P G R O S B P C L
 I S T V E O K W I S A M N T D K A S F P R R U T
 B M I D L P A I L P G C P T I T H W D O M E P H
 I A N G B D A A N D S A T S E V D W O V L S A Y
 S H G W A K O D D G X M R I G E I N L W E C T R
 N W H R I G B H F P V K Z T O N R T N Q H R I O
 O O E Z L M P H S F B P U M Y N I C C O D I O J
 P G A O E E X I I S O G C H R H R V W A L P N K
 S Q L H R B H A E M B G N X X K R T A V A T A A
 E C T O M L A U G H Q W X I S T Q P L S N I L N
 R A H T H E R A P Y S K W M M T K E B G O O I Z
 I M Y D F W Y J T E H U G H Y M N J Z N I N S O
 G N I K L A W E S S C Y S I E G I B N I T S H Z
 O E S I C R E X E Y I I G O V A P W S P O F V Y
 S S E R T S Q K J F H M H I C E V R S O M C H C
 H H Y Y U Y P Q K M Q G J S E I B Y A C E H I T
 D I O H W E L L N E S S A O B N A A R Y J X D R
 G G Y D I N T E L L E C T U A L E L C U Y X R A
 A S E O E S Y A X F O L Q M P K J G Q K M I M B

eating healthy
 responsibility
 prescriptions
 intellectual
 satisfaction
 occupational
 activities
 emotional
 give back
 financial
 spiritual
 volunteer
 exercise
 physical
 reliable
 swimming
 wellness
 balance
 healthy
 hydrate
 hygiene
 therapy
 savings
 walking
 biking
 coping
 mental
 social
 stress
 goals
 laugh
 pray
 yoga

