

Name: _____

Date: _____

Staying Healthy

A M A K X A C T I V E H E Z I K R R O L K D B M
B J M J Q V G M U J X E N O J Y U R U V B M V S
W H K E T J R I W O O A W Z F G Q Q A C I P W P
M D Q F B E A U S O D L X N W S P G S P O H A T
H E H Q C D T V N K H T I Z Z G Z Y D O B B L N
F W O P O O A R C N O H D N U C A S I H H H N W
P J S O R O Q N A C I Y Y R I A D A I M D X S L
V N F R H K J G B H W N A N J P X T Z O F P F T
U E O L H O Q L T B K Z G T U I A H R R Z K R J
Y Q S A D V N E J R Z A Y M W T X A L F K R T B
U C X I H V E S Z C D F D Y N D W Q X O D E H I
G M B N C T N T O H Z M B E P A T A L D E T B P
K E L C K R U U R D C Q M W D D I F I Q C A R X
G S P L F T E E Z H B E Z D Z R K E Q B N W W O
O S G F R E B X E T V L X N M A T J O B A Q M N
O A S Q A J I N E O E H H K L H G K F G L Z R L
D G R U I J P S M I S U N G L A S S E S A H R F
C E P W N S X N J V D G O O Q K P E Y K B Q R E
H S S G B S B V I N X S J N I M Y J S S H B L W
O T L U O F C O E E Y W I F C O A B G J T Z H T
I Z E A W L P R O G T H R E W O H S Q O I H H M
C G E T I D V N E E T O Z T N K H E Q T B C Y U
E C P B W N K R G E U Y R R W U D O W O Z I B N
A M U E N C L Q S B N W S P G O M S F S N G T Y

good choice sunglasses sunscreen balanced messages
movement exercise rainbow protein running
healthy shower active dairy teeth
water sleep food body diet
hat