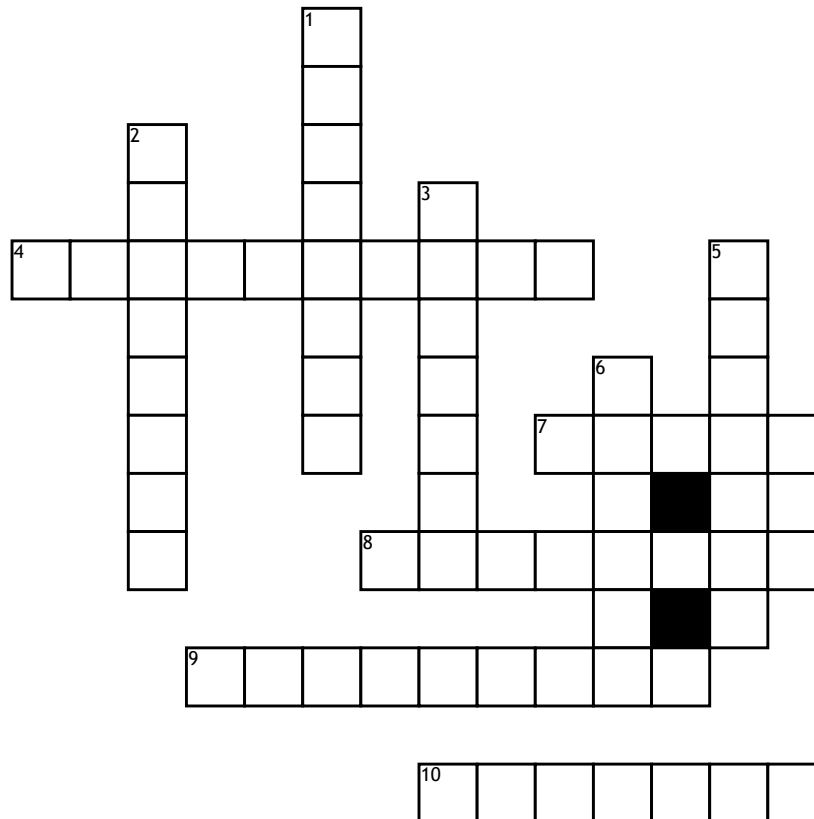


Staying Fit



Across

- 4. the process of providing or obtaining the food necessary for health and growth
- 7. a person who does not eat or use animal products
- 8. physically strong, fit, and active
- 9. an exercise machine with a continuous belt that allows one to walk or run in place
- 10. run at a steady gentle pace, especially on a regular basis

Down

- 1. a natural desire to satisfy a need, especially for food
- 2. any of a group of organic compounds that are essential and you should take every day
- 3. a session of vigorous physical exercise or training
- 5. produced without the use of chemical fertilizers, pesticides, or other artificial agents
- 6. a breakfast food made from roasted grains, typically eaten with milk