

Name: _____

Date: _____

Standing Up For Yourself

A J A Q N Q O G G Q R W Y L T A S S Q M L I L S
T E F P R O J E C T I O N T C U R R L E P Q I X
O R B G Q R X T H Y A J A S D I L Q T H L Y C M
B N G D V E Y C T M C F A E T I G B K L A F V F
R P A C L C T J N N A K N N O Q D X Y B V F U V
A G E K W I R H P G T N E D N X U D R C A Y V H
T X F A P K N B E L W D H V E N W U C H H T R J
T S S V B C W H L J I N O I T A L U C I T R A T
F P G D F E Q I Z C Z D O X G K K N O I S S A P
Q V N V B C S P T O I H C O N F I D E N C E T O
R D Z A T T T I U O Q R I Y B L X N G C J B E N
E X N M E V O P Q L S Y R I B A A Z D Y L Z J O
X T O N P N S O J O Y E H W W U M R Z P M X V V
W U I N X W B O D Y L A N G U A G E X O Z J B E
W N T Y D D N E N G O E G T L C S C Z P N O Z F
G L A I I I G Q V N C G N I H T A E R B F U F S
V M C B Q R Y F Q A Z A G K P O Y H B Z S O T Y
Q F I Z X Q E M P D K Q J V P K B A G A H O P B
F R N S D N N O I T C E N N O C E C N E I D U A
F T U Q Z E G G Z L X W R C S F C Q N K C Q R C
S I M Z P D L D J F V R A L E G B U H E C V X S
E P M R U R W R E L A X G X B O O Y D C Z E S Z
C D O Q E K P L P V P E R S O N A L I T Y K N E
B J C Y L Z R N U O C J G O R P J B Y Q W F Y M

audience connection
articulation
projection
passion
pitch

communication
personality
listening
diction
tone

body language
confidence
breathing
relax
pace