

Name: _____

Date: _____

Standing Together to Prevent Falls

O N O V 3 V 3 V B V S 3 R D E C N A L A B A R 3
G O M I X N M C L Z V O O Z T I P C X C X G B O
I I A I N D E P E N D A N T R T G R D X M O C 3
L T C X R B B 3 L S F I Z L A X I 3 Q Y U Y N R
3 A 3 U E S I C R E X E R A L U G E R O B T G T
Y C Z Q U Y Z B S 3 N O I S I V F R G F P U S B
G I H V Q E F A L L S P R E V E N T I O N I N 3
F D D L F N H P X I 3 3 A G E M O G X D P C Q O
M E F P O O B 3 Z S M L F R S U U U D A U V 3 A
E M S L X S N Q I O H Q D I D F M N R Z Z D U H
D E P C X D Q B A L A N C E S C R E E N I N G B
I R P H I N Y H O B A M N I N D H F S N Y H L G
C U T A A H T A Y Q U B R Q H T Z R C A T R R U
A S A D G R X O U D E G I G L G P N R I Q L F I
T S I R L T M A B E Y X R A O C 3 3 F T L 3 F F
I E C F T O S A L T A R C N H 3 T G N I G Q U L
O R H C M I R T C C N I O Q N O H U X T Y L M Y
N P I V Z D Y S I I S O B 3 V U T P E E Q I T Z
U D Z E Q 3 Q C P Y S E 3 B D R T V 3 I 3 R F I
S O P V O B X Y H X U T M X I 3 P R M D U Y V B
E O S L U 3 N P Q U I Y B T N A N F E Y E C S A
P L Z Z M X P C H R O N I C C O N D I T I O N S
V B I A M Z S 3 O Z Z O P V A N Z F D X C U Z X
M A X E E Y E L A U N N A F N G H F C X H F 3 M

Blood pressure medication
Balance screening
Annual Eye exam
Pharmacist
Aquasize
Balance

Physical therapist
Regular exercise
Medication use
Nutrition
omega 3
vision

Chronic conditions
Falls prevention
Independant
Dietitian
Tai Chi
Yoga