

Name: _____

Date: _____

St. Patrick's Day Nutrition

O F I N F W N R E U B E N T F X L
T V E A U G H S B V T S V A E O Z
A I W D N A I W U L F G T E T L W
T T G L S E I R F H C N E R F M R
O A O Y J N E O H O P N J J P M E
P M F S T E W R U A J V Z E P A B
H I J B Y E G E G X E T G B E Y I
J N Q H D L G Z V G U A W D S I F
A S E B U I D F E M B H G G U Z Z
S I U C W O E T U B F G O T O Z I
L M K A W T A I A K N J K D I G E
A Y L T J B S C F F K X V O T L B
R O E S L S F D N A L E R I I X D
E C T E A R F U F M V O M R R L T
N H B T N Y W F B X Q M W X T A C
I H O O H K O G M N P K W U U W Z
M P N P K C O R M A H S N E N Q Q

French Fries

Nutritious

Potassium

Vegetable

Minerals

Shamrock

Vitamins

Cabbage

Ireland

Potato

Reuben

Fiber

Green

Lucky

Stew