

Sprain and Strain

S T R E T C H I N G
H L I G A M E N T S
I O V I T E N D O N
D K A N S T R A I N
P V Q J X A Y V B A
A E O U B O T V V W
N Z F R A C T U R E
K K W Y J O I N T S
L W X Q S P R A I N
E J Q I M U S C L E

stretching ligaments fracture injury
joints muscle Sprain strain
tendon ankle