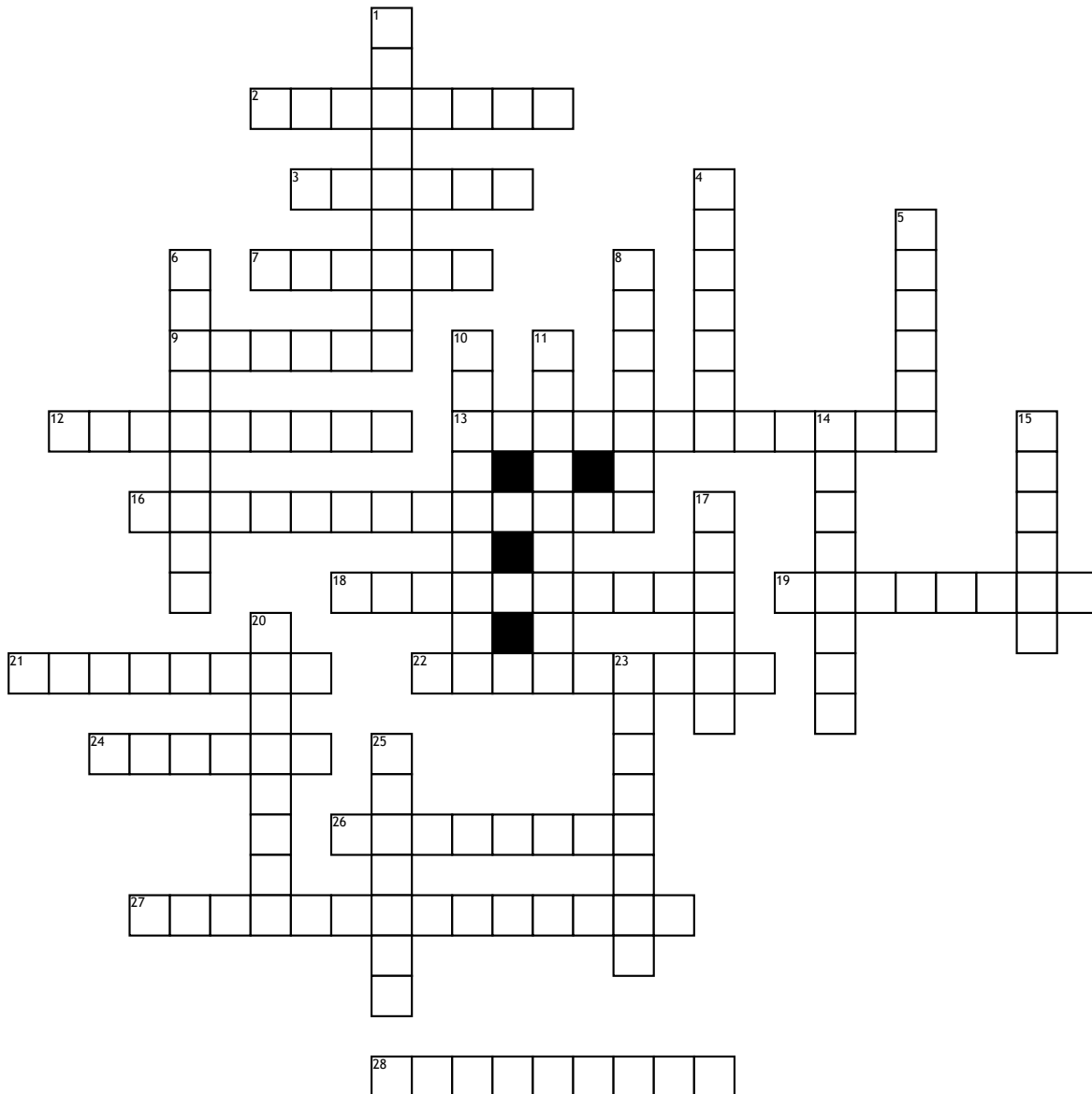


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Sports Med 15



## Across

- 2. jab bone
- 3. tailbone
- 7. middle
- 9. muscle injury
- 12. increasing the angle of a joint
- 13. flexing foot toward the ground
- 16. rotate ball and socket joint
- 18. holding soup
- 19. close to torso
- 21. a sprain on the inside of the foot

- 22. ankle sprain on the outside of the foot

- 24. far from torso
- 26. the front
- 27. flexing foot upwards
- 28. to-ing off

## Down

- 1. moving limb towards the body
- 4. side to side
- 5. ligament injury
- 6. the back
- 8. decreasing angle between bones at a joint

- 10. moving a limb away from the body

- 11. firm tissue, flexible
- 14. Far from head
- 15. closer to the back of the body
- 17. attaches muscle to bone
- 20. rotating
- 23. close to head
- 25. closer to the front of the body