

Name: _____

Date: _____

Sports Coaching Techniques

Z S Y Z S H S Z P E S A Q S U B J E C T I V E N
W A M N O I T C U R T S N I L A C I N H C E T O
U I E R Q H W W Z G Y F W P H D S P D M A W E I
P M F P R O M C R S B F B G Y T W S R O U S O T
E R F L B Q O Z D S G D P N O W M A N E V T N O
R X E T C A Y Y S T F S U I B K T N J D V E W M
F M C K C A B D E E F A J L J A V C S I X G T W
O F T H G N I T P A D A D L E Q G G S V G R N O
R S I U U V S N M J V T A E C T T B D O J A E L
M E V B G I M J J T M X I D T L F A Z O B T M S
A I E M C M P M T A A G J O I S H J F L S K S M
N R D M N H Y D F P G F M M V X U S H L H P S C
C A E N A R R U L H R E M O E B M N P X T G E T
E I M I M G C H I H R M D G F P Z C L S G X S W
P D O R H E V I T C E F F E T F Z I A O N L S N
R G N F A V T W E A K N E S S E S M Y A E C A S
O N S X W F C U W V T Z S S C T X B B Z R D S R
F I T W O A D Z F C C L J J X C C V A K T Q S U
I H R Z O T W J G H A Y Y T W S X A C G S T E R
L C A Q S K O L D P C P Z C V O V W K M T V N I
I A T O B S E R V A T I O N A N A L Y S I S T X
N O I I D Q Q H S I M U L A T I O N D A P M I Z
G C O G C K Z P S M N O T A T I O N A L U G F E
W E N R G W T O L L M A G G O A L S E T T I N G

Effective Demonstration
Observation analysis
GoalSetting
Slowmotion
Objective
Modelling
Adapting

Technical Instruction
FitnessAssessment
Subjective
Notational
Strengths
Feedback
Targets

Performance Profiling
Coaching Diaries
Weaknesses
Simulation
Effective
playback
Video