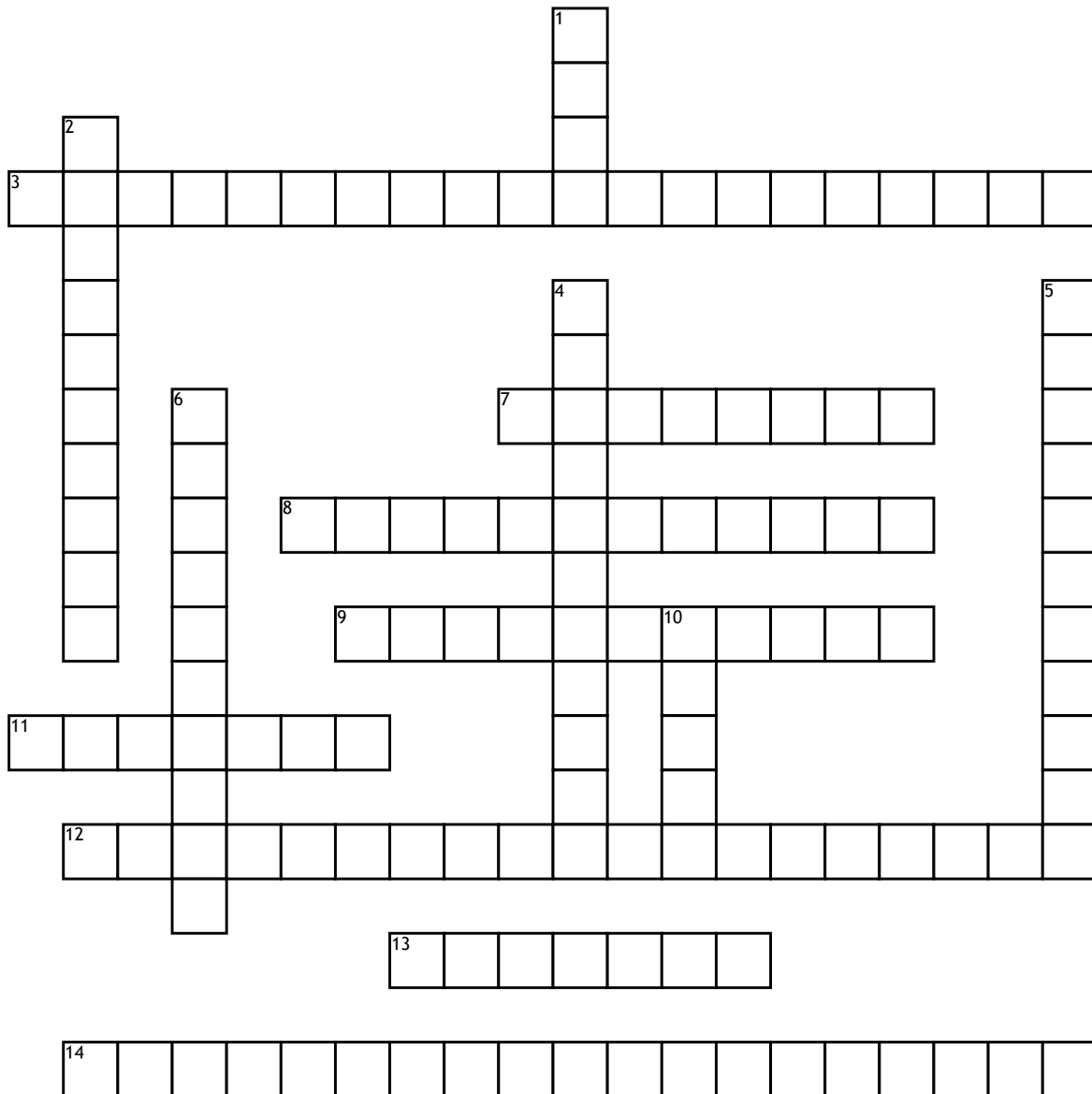


# Spirituality



**Across**

- 3. Therapies based on behavioral theories; they focus on learned habits and seek to remove symptoms through various processes of direct learning.
- 7. A systematic set of beliefs, practices, and traditions experienced within a particular social institution over time.
- 8. A search for purpose, meaning and connection among oneself, other people, the universe and the ultimate reality, which can be experienced within either a religious or nonreligious framework.
- 9. Therapies targeting the spiritual dimension, focusing on helping the person let go of ego attachments and transcend the self.
- 11. % of religiously unaffiliated worldwide

- 12. Therapies rooted in experiential/humanistic/existential theories that focus on helping a person deal with existential despair and that seek the actualization of the person's potential through techniques grounded in immediate experiencing.
  - 13. Wilber: A specific turning point in development.
  - 14. Based on dynamic theories of human behavior, with the prime concern being solving instinctual conflicts by developing insights.
- Down**
- 1. The United States is considered to be the most religiously diverse country in the world today with more than 1,500 religious groups .

- 2. Wilber: The active self or person who moves through the stages of consciousness and mediates between the basic and transitional structures of development.
- 4. % of Muslims globally
- 5. Fowler identified seven of these.
- 6. Perspective that the ecosphere and everything on earth has its own intrinsic worth and should be valued and cared for.
- 10. Fowler: A generic feature of the human search for meaning that provides a centering orientation from which to live one's life.