

Spiritual Well Being

Z R N T G O I D R A C C T W D P Z P G K O O Y L
U D V N Q P G S D I I T K G I U A Z W X K C I E
S T R A E H G N I S S O R C N I S G K A E A V O
K O Q D O D D S R J C M D L J C N L M L D N M U
P Y A G Z S Y S E S O P R U P I A A Y D R U M B
G L P W X S K E L H A V J A W Q N T I E F J O N
Z U U K P C Q N Z R M E O O M O S C N E M A D C
V N L T K O L E W X D A R C I E T P S P H J D P
U S M U H M A L J H E G H T F I I S C K W Q R K
U P O F A M F O U S N U A I O H E P H X Y K E L
F I N X N U C H C I W T L N A N H W A K X U W C
F R A F O N W W C S I V S N L R C Q L Z S I G H
G I R Q I I L C V D C I O U W W T H L R S H K E
P T Y D T T W D E U T I F H I Q A Z E L E W W E
F U N Q C Y S M F J T G L Q U N I C N G N C R R
E A C G E K C C Q A N F G M V W Q J G F L F I S
M L L V L P T N X I H G T Y R V S O E F L F T K
L Z S M F Q Q A N B R L K T N M A N S Q E S U A
I F I X E X L A E S N I N I L Z V V W N W O E K
A Y D D R E E C A E P R E N N I L B V S F R E E
Q M F Y R M W P M H X S Q G Q F Y Q O L F R Y A
C H A X A F Q B Y A R D X R O V H J H G P E L W
C O N T E N T M E N T D R A I H E U F E F M C D
N H S A T I S F A C T I O N S D U I K Y B L J B

crossing hearts
inner peace
meditation
reflection
lifestyle
wellness
cheers

meaningfulness
contentment
relaxation
wholeness
spiritual
growing
cardio

satisfaction
addictions
challenges
community
pulmonary
purpose