

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Sober Parenting

C E T N S L P S R E V I G E R A C O P U O I O P  
Y S G N I G N E L L A H C F T L M A L J E C H B  
T P N K U D G N U R T U R E O A P C G B N Z K Y  
S T E I X P Q Q D O Y C N E I L I S E R I H O T  
E L R E R E S O U R C E S Y R H G F D M Q P F H  
N T R K A S U C N S Z Z M S C Z H J E T N U S P  
O G I O P Y G K E S O M R R H O C O F T V T I U  
H U U C M T H U R E W E P O A S E N T C R H S J  
Q S P Y H I E K D N T R X S D I I R H E E C Z M  
U K R O T N A Z L K A A M S S D J O N W G E E Q  
J V X O N U W G I A K C A E H G T G J Z Q N M Z  
Y R K K E M H H H E B D T R E O T A M G A M P E  
G L F H D M Q H C W O L W T X H M I N O C J A Q  
N M L W I O F L E M G I L S H M Z I M L L Q T S  
U J L V F C I Q R Z S H K A U A T K W T I I H Y  
Q D Z N N N V Z Z G E C I Z F N G S S A S F Y K  
W Z J L O H H A W X Q I C Y E Z K U H D G M F W  
D I T Z C S O B E R B S N R A I N P I C F Q R R  
S R X B D N C L F F O X A S J Y M P X W C U C S  
S M Y G O A L S S V E P J A N D Z O D X X E H L  
K R O U J T X L R C G J J S K F P R E N S R S Q  
B T D T X O J K M O T H E R J U Q T O O V K H N  
T C R Y W K W X B C K K V M T T M D K P B B H I  
R V M K G L T S U R T L G H M B M V T V D S W W

Challenging  
Community  
Resources  
Support  
Mother

Resiliency  
Confident  
Weakness  
Empathy  
Trust

Caregivers  
Stressors  
Strength  
Nurture  
Goals

Parenting  
Childcare  
Children  
Honesty  
Sober