

Sleep Apnea

O G N I R O N S N N L D F L Q R N
T L M I H I W U S M J H R J R E D
Y L H D R I H P L N Y H E V G S Z
U R R H D M I Y E E I L S A F T Z
S V O N Y K T D E G M W T L A L Z
L N Z M N Q E L P Y W W L A T E A
E I N V E H N R L X Q V A R I S I
E N F A S M O E O O X M I M G S N
P O W E P Q I L S R A M N S U L M
Q T W N A Z S A S Y L F I T E E N
U A J P P P E X B A V G M R H G O
A L A A C D R A C D S D O E S S S
L E R P R T E T E N W R S S L G R
I M G E V L M I O B M O N S E I E
T L A E R C G O Z V L W I G E S P
Y M R L X L Z N R A K S L K P C Y
V N B S I E J E M Q H Y C V O D H

sleep quality	restless legs	hypersonmnia	white noise	sleep apnea
relaxation	sleep loss	insominia	melatonin	snoring
fatigue	stress	snooze	memory	drowsy
oxygen	dream	sleep	alarm	calm
rest	CPAP	REM		