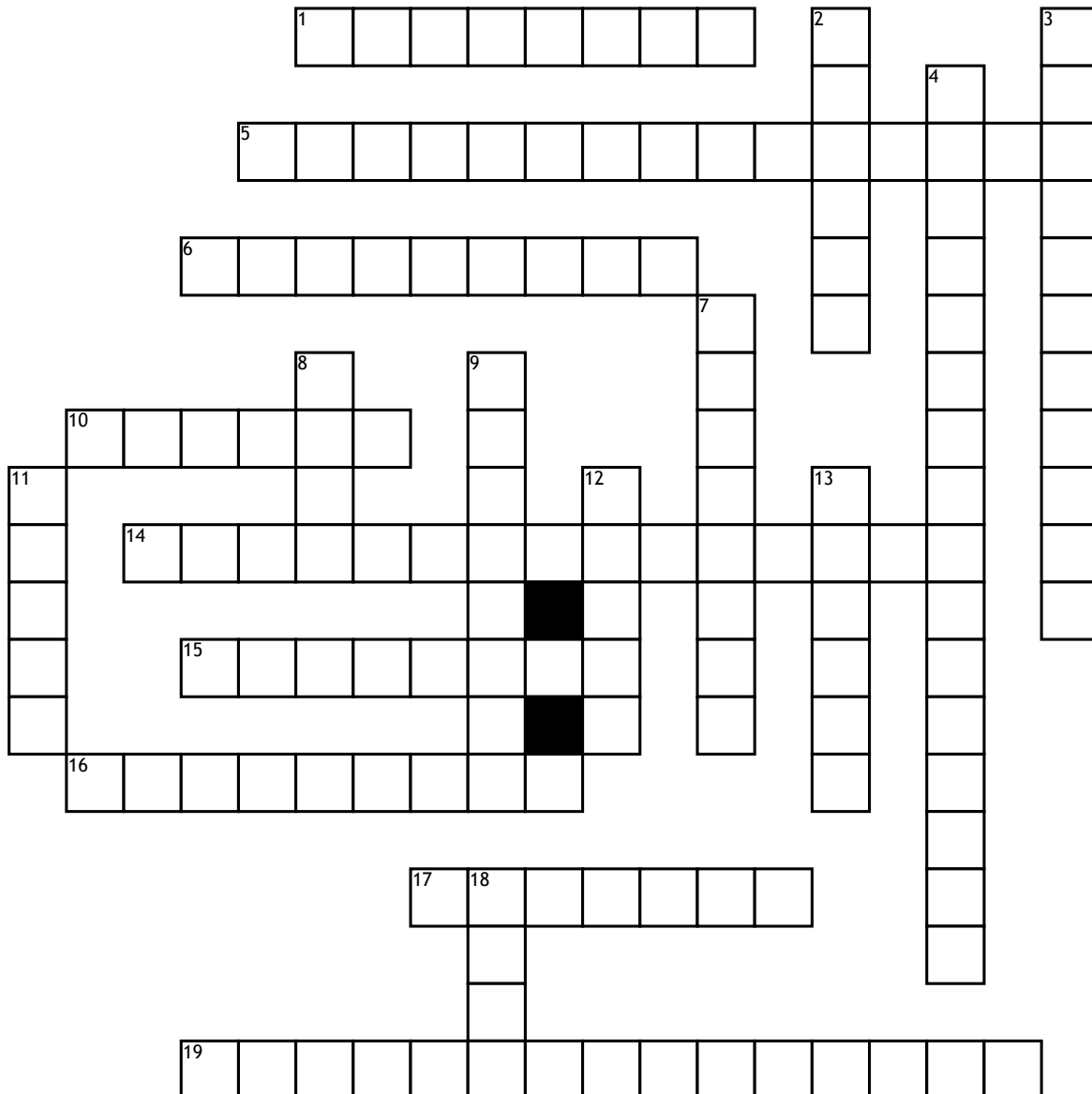


Skill acquisition



Across

1. the effect of learning one skill on the learning of another skill
 5. 2. Aesthetically pleasing, Efficient, Fluent, Precise
 6. transfer of a skill from one side of the body to the other
 10. Set routine, constant environment
 14. easily broken down, practised in isolation
 15. learning a skill facilitates the learning of another skill

16. Performer controls speed and timing of skill

17. multiple decisions to be made

19. Performer must adapt, control of the sporting environment

Down

2. continuous practice without rest

3. Practice with rest periods included

4. difficult to break down into subroutines, whole practice

7. Practising skills and drills in a changing environment

8. no similarities between tasks, no effect on either skill

9. learning a skill inhibits learning of another skill

11. 1. The learned ability to bring about pre-determined results with minimum energy and time with maximum certainty

12. practicing a specific skill in a stable environment

13. limited decision making

18. Unstable, changing environment