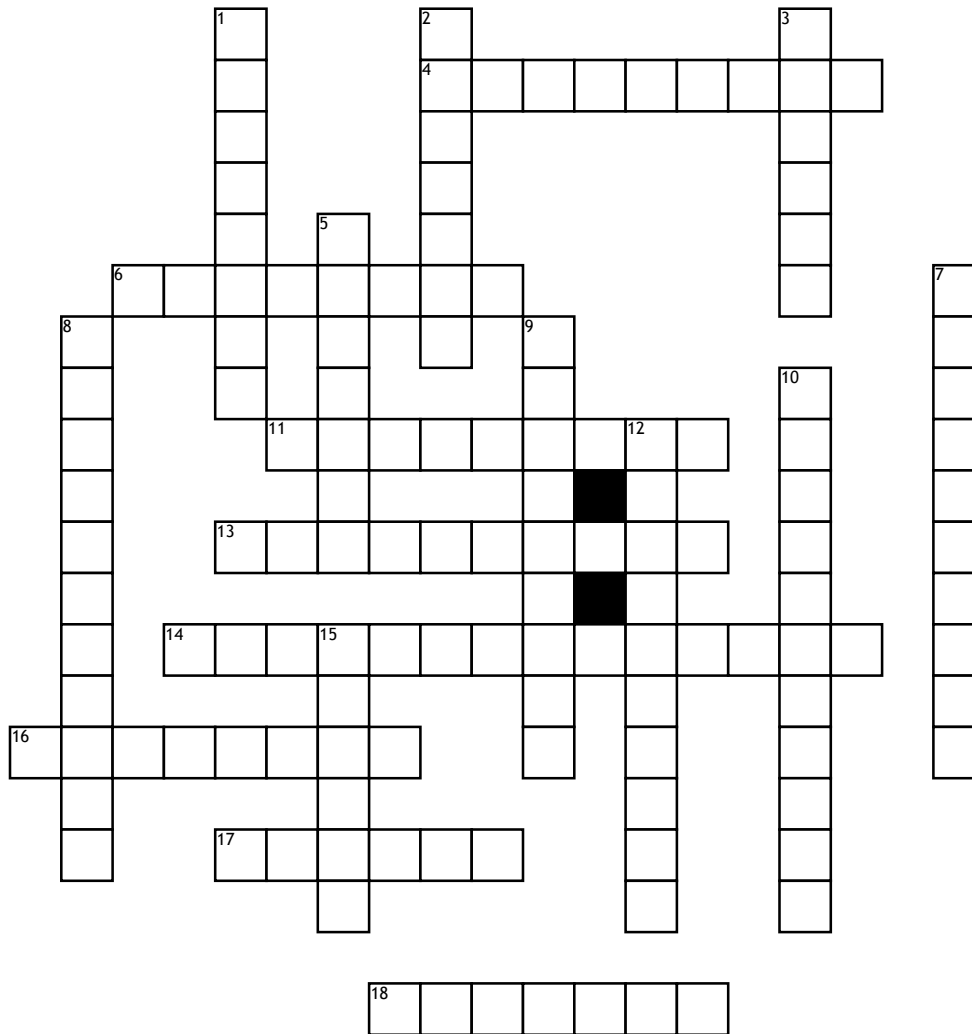


Name: _____

Date: _____

Skeletal Muscles



Across

- 4. Cardiac Muscle tissue is connected to the _____ nervous system
- 6. Type of muscle tissue that is found in muscles attached to bone
- 11. muscles that you can control are _____.
- 13. these skeletal muscles cover the "guts"
- 14. These skeletal muscles move the thighs and rotate the hips
- 16. The ACL is a connective tissue that connects bone to bone, it is a?

- 17. This type of muscle tissue is found on internal organs

- 18. Skeletal Muscle Tissue is controlled by the _____ nervous system

Down

- 1. This type of connective tissue attaches bone to bone
- 2. Type of Muscle Tissue only found in the heart
- 3. These skeletal muscles help raise, twist, and bend the arm
- 5. This skeletal muscle attaches to the collar bone and the scapula

- 7. These skeletal muscles flex the humerus

- 8. When muscle fibers shorten and thicken

- 9. Smooth muscle is controlled by the _____ nervous system

- 10. muscles that you CANNOT control are _____.

- 12. when muscle fibers lengthen and thin out

- 15. This type of connective tissue connects muscle to bone

Word Bank

- | | | | | |
|-------------|------------|-------------|-----------------|------------|
| voluntary | Tendon | Contraction | Ligament | Abdominals |
| involuntary | Cardiac | Ligament | Skeletal | Smooth |
| Biceps | Pectoralis | relaxation | Gluteus Maximus | Autonomic |
| Autonomic | Deltoid | Somatic | | |