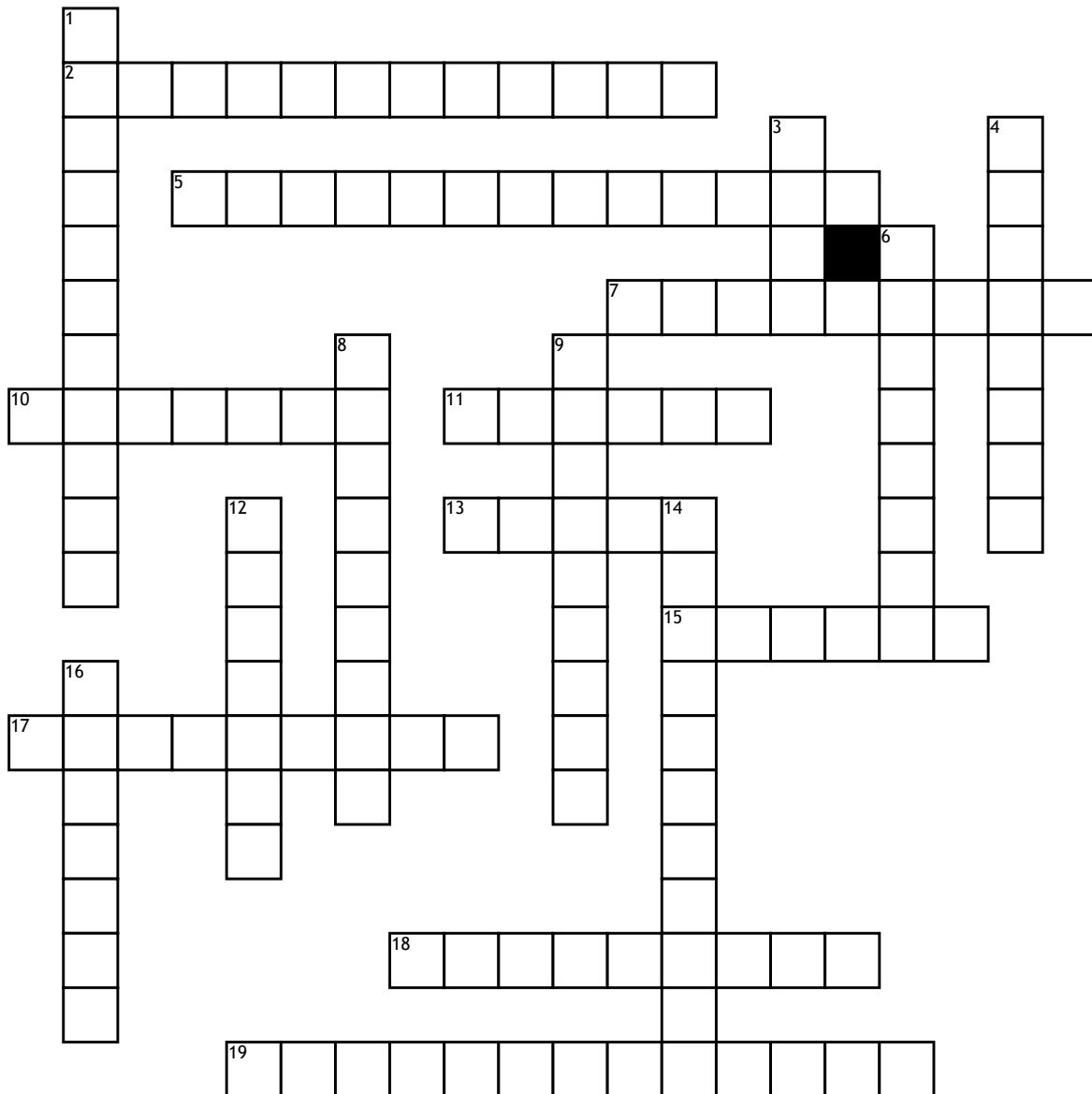


Name: _____

SittingWell



Across

- 2. defective bone mineralisation
- 5. The common name for the group of muscles that run either side of the spine
- 7. Not forwards
- 10. An animal that, like a human, has seven vertebrae in its neck
- 11. This and the coccyx form the inferior end of the vertebral column where it meets the hip bones to form the pelvis
- 13. The name for the first cervical vertebrae named after a character from Greek mythology

- 15. When astronauts return from space, gravity means they often come back 'what' than when they left Earth
- 17. One quarter of the spine's length is made from this
- 18. The spine contains 220 of these
- 19. A common injury amongst sport enthusiasts

Down

- 1. The long muscle with a lumbar vertebral origin at the spinous processes, and insertions on the costal processes of lumbar vertebrae
- 3. **** to the Future (1985)
- 4. The term for the inwards curve of the cervical and lumbar region

- 6. 97% of all other creatures on earth don't have one of these at all
- 8. As babies, we have 33 of these but as adults we end up with 26
- 9. An abnormal lateral deviation or curvature
- 12. The third most abundant metal in the earth's crust that is also found in bones
- 14. A cushion launched in 2015 by two therapists to make sitting (especially on sofas) better for one's back
- 16. Strong, broad, and short in morphology, and form the posterior portion of the vertebral arch