

Name: _____

Short-term effects of physical activity

O Y N V N B E U G I T A F E L C S U M W D P H I
Q R E T A R G N I H T A E R B S J V S P I G K I
K Y Q I Q Q G J M M V W B U O R H S N X U Y Z K
V J K S I U V O V I F H K D V X S T C C L E A M
B H M J V M M X B V D R Y W U U G D A Y F B C A
S L K U P X O Y V I C D M Q L K Q I R Q L K G I
G I N M X W B G F S T U M U A X V N D F A U B O
D V L S F Q N E G M R E T T R O H S I Q I G V S
D Z Y P N T S N X T J F Z B G W L H A D V U G L
W N C U L E O V U D M C M F J V O U C G O Y K C
A R A R T R L E W U L I H L B X G W O I N T U Y
S T R O K E V O L U M E A E L U K Q U Y Y P E E
X T B R Q S H E X R J C L T C E B H T W S L W I
B Y O Y D D Y E T L T E I L N O H W P H C J N S
T D N U W S B Z A I J M F B Z I C I U A M V F L
K Q D B R H V I C R B E S V W F A O T N P L O A
G C I C E M J A T I T Y T I S N E T N I Y Q S Q
A B O R M E C Q Z R U R L V N Q E K J C T B X I
H L X N F I V M B X G Z A F D F R A O S Z L O M
W M I K D E C Y C U P Y H T R K K T H T R A W M
S G D U V D J R V J L A D R E N A L I N E T T O
A X E O M F P R T N E M E V O M F O E G N A R K
S N B B P X P H N P G L G Y X V M K R O K Z G I
U E S X H C D H E C L Q T R G W L W S W X Z L Z

range of movement
breathing rate
stroke volume
heart rate
oxygen

muscle fatigue
cardiac output
lactic acid
Short-term

carbon dioxide
synovial fluid
adrenaline
intensity