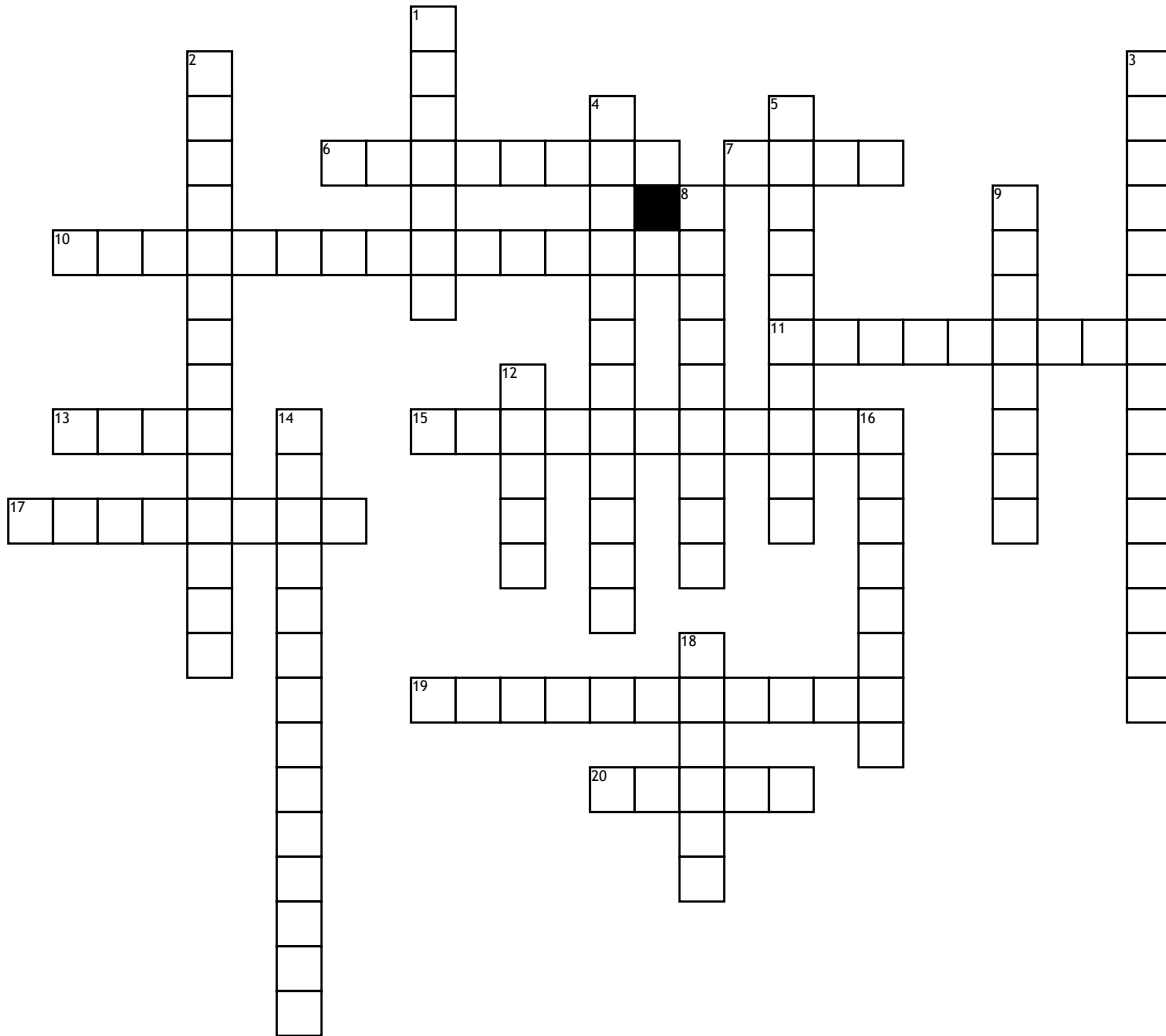


Name: _____

Date: _____

Shopping addiction



Across

6. The actual _____ experience which often involves feelings of intense excitement and even sexual arousal
7. results of overspending
10. the person that becomes addicted to shopping is most commonly using shopping as a _____
11. shopping addicts are _____ about their habits
13. how many phases of shopping addiction is there
15. what is the most common stereotypical name given to shopping addicts
17. what tendencies can shopping addicts develop overtime

19. what phase of shopping addiction involves planning where to shop, how to dress and which credit cards to use
20. the most common feeling after a compulsive shopper makes a purchase

Down

1. a big consequence of shopping addiction in relationships is _____
2. Compulsive shoppers struggle to pay their _____ over time
3. what group of people are most susceptible to shopping addiction
4. what phase of shopping addiction involves Obsessive thoughts or preoccupation with having a specific item or with the act of shopping
5. most compulsive buyers have underlying mental health issues including anxiety and _____

8. Stressors, loneliness, low self-esteem, and negative emotions often trigger their shopping behavior because they use shopping as a coping mechanism to numb _____ pain
9. the most common items addicts purchase is _____
12. what group of people makes up 92% of all shopping addicts
14. Compulsive shopping almost always involves purchasing because _____ doesn't produce the same euphoric effect.
16. the action of completing a purchase
18. they pay by credit card because it distances the euphoria of purchasing from the stress of _____