

# Self discipline

Z N O I T A N I M R E T E D C W I  
P I P Q T N E M E G D U J Q X O X  
E T F E S S M L E H L G H R S E S  
D Z B X E T I U Z V E J R W M C E  
U M Q Q L H Z A D N N M Z G Y I C  
C D B B F W H E I I W Z V S A G N  
A X C S I R S L B H G Y U I G O E  
T O S D Y I P N V W K C E N X L U  
I J O E C I X L J I O X G W M N Q  
O D N I C C O C T F K T U K Y F E  
N H O S X V M N O I T N E T T A S  
G N I N N A L P I Z V Z Y M K Q N  
F D Y F T I X P V U G K K V D X O  
C C O N S I S T E N C Y M K K I C  
V E C N E T S I S R E P W Y T D M  
U S S E C O R P Y D G F R X Q Y U  
H A B I T M P R X Q R Z O Z T X C

DETERMINATION  
CONSISTENCY  
ATTENTION  
DESICION  
FOCUS

CONSEQUENCES  
DISCIPLINE  
EDUCATION  
PROCESS  
HABIT

PERSISTENCE  
JUDGEMENT  
PLANNING  
LOGIC  
SELF